

SODUS POINT NY Seasonal Walk 5 KM/10KM

EVENT ID: 2019/Y2111

WALK Dates: Monday April 1st 2019 through Saturday November 30th 2019.

START POINT: The Sunoco Pit Stop Convenience Store, 8463 Bay Street Sodus Point, NY 14555. Phone 315-483-8865. Hours vary longer in summer than in winter, but usually open 8 AM to 8 PM Monday through Sunday all year round. Parking is across the street from the store at the park. Please do not park at the store. GPS coordinates of the Start Point: 43.270863 -76.981956

TRAIL DESCRIPTION: The 5K course is on sidewalks, city streets without sidewalks with some small hills. The 10K has one large (200 foot) hill and is on city streets without sidewalks for half its length. There is not much traffic in the town on the streets you have to walk on.

TRAIL RATING: 2B

AWARDS AND FEES: This event is available for on line registration only. (www.cva4u.org). The on-line system does not allow free walkers. A minimal charge is incurred for the directions. IVV walk credit only.

AVA SPECIAL PROGRAMS

- Bridges - Spanning the USA (10K only)
- Points of Reference - The club name is Frontier so that counts. (FRONT)
- Take a Walk in a City Park
- Walking America's Ports of Call - Port of Sodus Point
- U.S. Post Offices
- Ice Cream Parlors
- Walking the USA, A-Z

DRIVING INSTRUCTIONS:

From the East and West: New York State Thruway (Interstate 90) to exit 42 (Geneva-Lyons). Then take NY Route 14 north through Lyons and Alton. Route 14 goes into the village of Sodus Point, and makes a right on Bay Street. The start point is about a half mile on the left.

Alternates routes from Rochester: Take NY Route 104 to NY Route 14 then left into the village of Alton and follow the route above to the start point.

PETS: Leashed pets are allowed on all walks, and you must clean up after them.

AMENITIES: Restrooms are at the start point. The route takes you through a small upstate NY village on the south shore of Lake Ontario. There are a number of restaurants and other businesses you pass where there are restrooms and food. Restrooms at the Sodus Point Beach in season. The town is the site of the Sodus Point Lighthouse Museum, an 1871 lighthouse built on the site of an earlier 1824 lighthouse. Hours of the museum vary. Please use the web site at www.soduspointlighthouse.org for details. There was a War of 1812 battle in the town.

REMEMBER: You must log back into OLSB to finish online registration procedures after completing the Event.

Contacts:

In case of Emergency Dial 911

POC: Bill Peeck, wpeeck@rochester.rr.com, phone 585-227-6025

NFVC website: www.niagaravolkssportclubs.org

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

SODUS POINT NY 10K WALK INSTRUCTIONS

1. EXIT the Pit Stop, and turn LEFT
2. Turn LEFT on Bay Street Extension
3. Turn LEFT on Wickham Blvd
4. Turn RIGHT on North Ontario Street
5. On your right is the 1871 Sodus Bay Lighthouse. Visit if open.
6. From the Lighthouse walk back to North Ontario Street and up the road straight ahead. This is Lake Street (no sign)
7. Turn LEFT at North Fitzhugh St
8. At the 4-way stop carefully CROSS Lake Road and stay straight. Cross the street when you get a chance to be on the left side. You will be walking along the left water side of the road once you get to the first bend. There is not a lot of sidewalk here but there is enough room along the shoulder. This is route 14
9. Continue walking along Route 14 to see a marina, an old stone factory, a small park, and a few businesses on both sides of the road. The old factory building was the Genesee Brewery malt warehouse where they stored malt for beer.
10. Look for the coal trestle historic sign on your left.
11. Continue on Route 14 and soon you cross a little bridge. Take the first LEFT after the bridge into South Shore Road.
12. Take the first RIGHT onto Central Avenue. It rises up a hill.
13. FOLLOW Central Ave past Bayview Drive, past Overlook Drive to the top of the hill.
14. At the top of the Hill Central goes right and an unnamed street goes LEFT. Take a LEFT on the unnamed street.
15. Take a RIGHT at Overlook Drive.
16. Take a LEFT into Bayview Drive. ("T" intersection) There are Tennis courts on the left. The Golf Course will be on your right. There are restrooms available at the Golf Course restaurant if open.
17. FOLLOW Bayview Drive back to Central Ave.
18. Take a RIGHT on Central Ave and go back down the hill to South Shore Rd.
19. At the "T" intersection take a LEFT on South Shore Road, back to RT 14.
20. At Route 14 take a RIGHT stay along the left side of the road facing traffic and retracing your steps into the village.
21. At the 4-way stop take a RIGHT onto Bay Street, (Lake Road turns into Bay St here). As you pass the firehall look to the east side of the building. There are murals of Native Americans.
22. Just past the post office on Bay Street there is a historic sign about the Battle of Sodus Point. (War of 1812)
23. Keep following Bay St. It turns into Greig St. just after the Visitor's Center and Willow Park (on your RIGHT)
24. FOLLOW Greig St all the way to the end where it loops past several restaurants where you can take a rest and get a bite to eat if you want.

25. RETURN along Greig Street to just before Bay Street Extension.
26. Before Bay Street Extension turn RIGHT onto the sidewalk into the park.
27. FOLLOW the sidewalk to the end. (Persons with disabilities may turn around and go back to the start point from here).
28. FOLLOW the shoreline to Wickham Blvd.
29. Take a LEFT onto Wickham Blvd.
30. Take a LEFT onto Bay Street Extension.
31. RETURN to the Start Point.
32. You have completed the Sodus Point 10K.

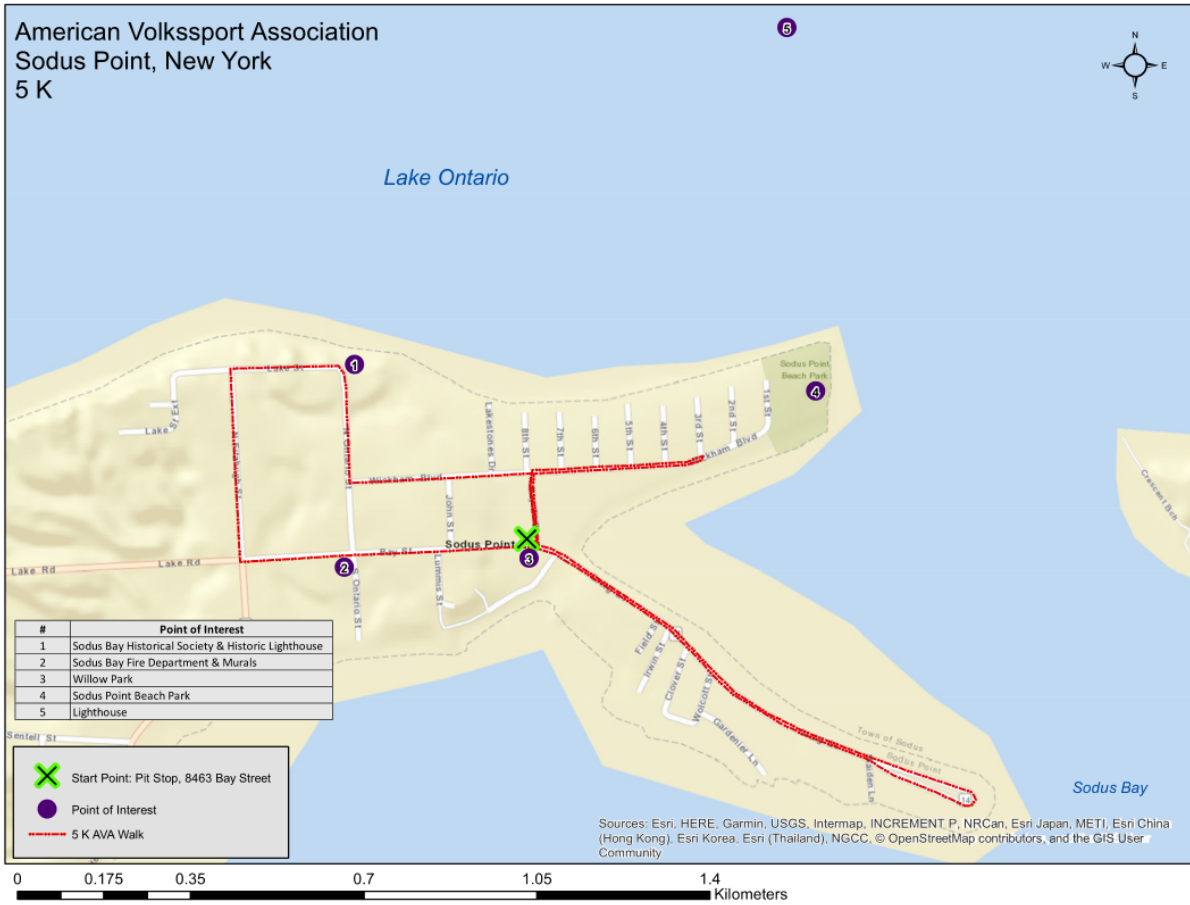
MAP FOR THE SODUS POINT NY 10K



SODUS POINT NY 5K WALK INSTRUCTIONS

1. EXIT the Pit Stop, and turn LEFT
2. LEFT on Bay Street Extension
3. LEFT on Wickham Blvd
4. RIGHT on North Ontario Street
5. Pass the Sodus Bay Lighthouse on the right. Visit if it is open.
6. From the lighthouse walk back to North Ontario Street and walk up the road straight ahead. This is Lake Street (no sign)
7. LEFT at North Fitzhugh St. At the 4-Way Stop turn LEFT onto Bay Street (Bay Street is on the left, Lake Road to the right)
8. As you pass the firehall, look to the East side of the building. There are murals for the Native Americans.
9. FOLLOW Bay Street past the post office. There will be a historic sign about the Battle of Sodus Point. (War of 1812)
10. Keep following Bay St. You will pass Willow Park and the Visitor's Center on the right.
11. Bay ST becomes Greig Street past Willow Park. You will be walking past several restaurants where you will be able to take a rest and get a bite to eat if you would like.
12. Go all the way to the end of Greig St., walk around the loop/circle.
13. Return along Greig Street to Willow Park.
14. Just before Willow Park turn right onto Bay Street Extension. There is a sign pointing toward the beach.
15. Right onto Wickham Blvd.
16. Follow Wickham Blvd to 3rd Street. Unless you want to walk 6 K, turn around at this point and return to the start point. NOTE the final 1K beyond this is not handicapped accessible.
17. If you want to walk 6 K continue on Wickham Blvd. to the end at the beach. (rest rooms are here in season).
18. Walk through the beach parking lot. There is a pier on the corner of the lot. If it's not too windy you can walk out onto the pier. There is a lighthouse at the end, walk to the lighthouse.
19. Return to Wickham Blvd. and return to Bay St. Extension.
20. Left on Bay St. Extension back to the Start Point. Credit yourself with 6 KM if you did this part.
21. You have completed the Sodus Point 5K or 6K.

MAP FOR THE SODUS POINT NY 5K



Copyright 2018 Niagara Frontier Volkssport Club