

## **5 km/7 km/10 km APPALACHIAN TRAIL AND BORDER WALK NORWICH, VT AND HANOVER, NH**

**EVENT ID; 2018/Y2178**

### **TRAIL DESCRIPTION:**

Several different choices of walks are available. One 10 km walk is an Appalachian Trail event. It will follow the A.T. through downtown Hanover, and include a wooded hike on the trail, 3 km out and back, to the Velvet Rocks Leanto. It is possible to do a 7 km walk by skipping the hike. Separate 5 km loops are available in both Hanover and Norwich. For the Norwich walk, you will have to drive a couple of miles to a different starting point. Driving directions to Norwich are included in the walk instructions.

### **TRAIL RATING:**

All of the town walking is rated 2A, on sidewalks, quiet roads, with a few small hills. The hiking section to Velvet Rocks Leanto is rated 4D, due to a significant climb and rough trail surfaces.

### **AWARDS & FEES:**

This is an IVV Credit Only event with online registration only ([www.cva4u.org](http://www.cva4u.org)). The online system does not allow Free walkers, a minimal charge is incurred for directions.

### **AVA SPECIAL PROGRAMS:**

- Appalachian Trail
- Border Crossings
- Bridges – Spanning the USA
- Ice Cream Parlors
- Make a Wish at a Water Fountain
- Vice Presidential Walks

### **DRIVING DIRECTIONS:**

From junction of I-89 and I-91 in White River Junction, VT, take I-91 north for 5 miles to Exit 13, US-5/Norwich. Exit highway, turning right onto VT-10A, crossing the Connecticut River into New Hampshire, on W Wheelock St. Turn right onto S. Main (Hanover Inn in front of you on corner) and continue for 2 blocks to South Street. Left on South Street, and the entrance to the parking garage will be on your left.



**Hanover NH Parking Garage**

7 Lebanon Street (603) 640-3220  
 Pay After Parking – No Time Limit – No Fines  
 Safe and Convenient

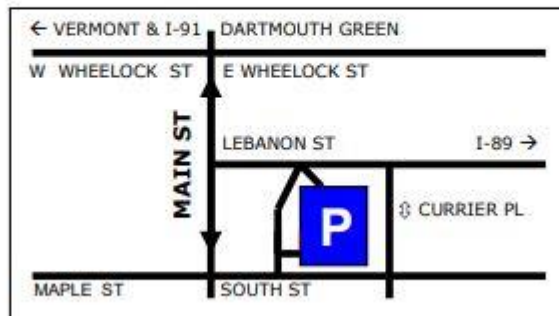
**Garage Hours**  
 24 hrs / 7 days

**Cashier On-Site**  
 Mon – Sat  
 7am – 9pm

**Parking Garage Specials**

The only public place that allows parking overnight in the winter is in the garage under covered levels.

Some merchants will validate your garage parking.



**Garage Parking Fees**

Stay	Fee
Min. Fee	\$0.25
1 Hour	\$0.50
2 Hours	\$1.25
3 Hours	\$2.25
4 Hours	\$4.25
5 Hours	\$6.75
6 Hours	\$9.25
7 Hours	\$13.00
8 Hours	\$15.00
Max	\$15.00
After 6pm	\$1.00

Long-Term Lease  
 \$110 - \$154 month

**PETS:**

Leashed pets are allowed on all the walks, and you must clean up after them.

**AMENITIES:**

Downtown Hanover has many places to eat, and shops to explore. Those who walk in Norwich may want to explore Dan & Whits Country Store. For those who hike the trail to Velvet Rocks, you will want to carry water and perhaps a snack. The Hanover Food Coop is conveniently located at the trailhead where you can use the restrooms and purchase food and beverage.

**REMEMBER:** You must log back into OLSB to finish online registration procedure after completing this event.

**In case of Emergency: Dial 911**

## 10K A.T. Walk Directions/7 KM and 5 KM town walk

1. Exit the parking garage at 7 Lebanon Street. Walk to the highest level, above ground. Notice a big brick building housing both the Salt Hill Pub and Talbots, next to the lot. Restroom in the building. Walk through the archway under the building to emerge on Lebanon Street.
2. RIGHT on Lebanon Street. You are now on the Appalachian Trail as it goes through downtown Hanover. You will see occasional white rectangular blazes on the telephone poles. Pass a junction with Jewel of India restaurant on your right. Stay with Lebanon Street as it bears right, soon passing Hanover High School.
3. Come to a major intersection with Park Street entering sharply on your left. Across the street is the food Coop (restroom and food!) as well as a Mobil station. Cross the street towards the businesses.
4. (FOR 5 and 7 KM, sharply LEFT on Park Street and jump to instruction #7.) Those doing 10 KM and the A.T. special program will be hiking for the next 3 km. Turn RIGHT passing the Mobil station, then follow the gravel path along the edge of the sports field. At the end of the field, the trail enters the woods and begins to climb. As you gain altitude, the hardwood forest changes to one with hemlocks and pines. Follow the white blazes to stay on the trail.
5. After 1.3 km of hiking, you will reach a trail junction and a sign for Velvet Rocks shelter. Stay LEFT here. In another 0.3 km, you will reach the shelter. It's a nice place to relax, eat a snack, and drink water.
6. Turn around, retracing your steps downhill to the food coop. Reaching the paved road, RIGHT on sidewalk, now on Park Street.
7. Continue along Park Street, passing some of Dartmouth's recreational facilities. Cross Wheelock Street, continuing on Park Street.
8. Nearing the intersection with College St/Lyme Road, you will see College Park on your left.
9. LEFT on College Street, passing the medical sciences building.
10. RIGHT on Maynard Street, passing numerous other Dartmouth buildings.
11. RIGHT on Rope Ferry Road. At the end at the Hanover Country Club, LEFT on Hilton Field Road, keeping the golf course on your right.
12. LEFT on Occom Ridge Road. Follow this along Occom Pond. Cross Clement Road, continuing on Occom Ridge Road.
13. At end, LEFT on Webster Avenue, passing many of Dartmouth's fraternity and sorority houses.
14. RIGHT on North Main Street for one block. **(FOR 5 KM walkers, continue on N. Main Street, passing the Dartmouth Green and crossing Wheelock St. Jump to instruction #20 to finish.)**
15. RIGHT on Tuck Mall.
16. With Fahey Hall on the right, RIGHT on Tuck Drive. This will

continue downhill to the boathouse. Continue through two stone columns to W. Wheelock Street.

17. RIGHT on Wheelock Street, again on the A.T., crossing the Connecticut River. The Vermont border is near the far side.
18. Turn around and continue on W. Wheelock Street into downtown Hanover.
19. RIGHT on South Main Street, through Hanover's business district. The historic Hanover Inn

is on your left. On your right you will pass several restaurants as well as the Dartmouth Coop bookstore.

20. At Lebanon Street, note Morano Gelato (Italian ice cream!) on your right. LEFT on Lebanon Street, passing the Post Office on your right.
21. When you reach Salt Hill Pub, you can return back through the building and find your car at the parking garage.

### **Norwich, Vermont 5k Walk**

1. Begin at the corner of Main and Church Streets, on the town green in Norwich. With the town green on your right and the church, diagonally on your right, continue on Main Street, passing the post office, Dan & Whit's store and the Norwich Inn on the left. Note the tall water fountain on the lawn of the inn.
2. At next intersection, LEFT on Beaver Meadow Road. Enjoy this winding road which gives you a taste of the countryside.
3. At Huntley Road, RIGHT. This is a narrow, quiet road, but has no sidewalk. For your safety, please walk in single file on the left.
4. At end of Huntley, RIGHT, on Beaver Meadow again.
5. At Moore Lane (Park & Ride sign), RIGHT, crossing Bloody Brook.
6. At end, RIGHT on Turnpike Rd. Pass the Huntley Meadows recreational fields on the right. Follow Turnpike road back into the center of Norwich.

7. At Main Street, RIGHT, passing the Norwich Library. (Restrooms when open).
8. At Church Street, left, passing the town hall (Restrooms when open) and the church.
9. RIGHT along town green in front of Marion Cross Elementary School.
10. LEFT on next street (Girard Way).
11. Next RIGHT into parking area. Follow to end and to a trail into the woods. Continue straight ahead past a kiosk and an trail going to the left.
12. The trail enters a field. Follow the mowed path to a junction with a birdhouse. Then diagonally right on mowed path towards an old wagon.
13. Enter woods at a leashed pet sign, and fork immediately left. Follow the trail, which parallels the field below and to the left. Straight across an intersecting trail, then slightly downhill to a trail junction.

14. RIGHT (on the trail you entered the woods on) to return to the parking area.
15. LEFT on Girard Way past the entrance to the school.
16. Diagonally right through the town green towards the gazebo, and

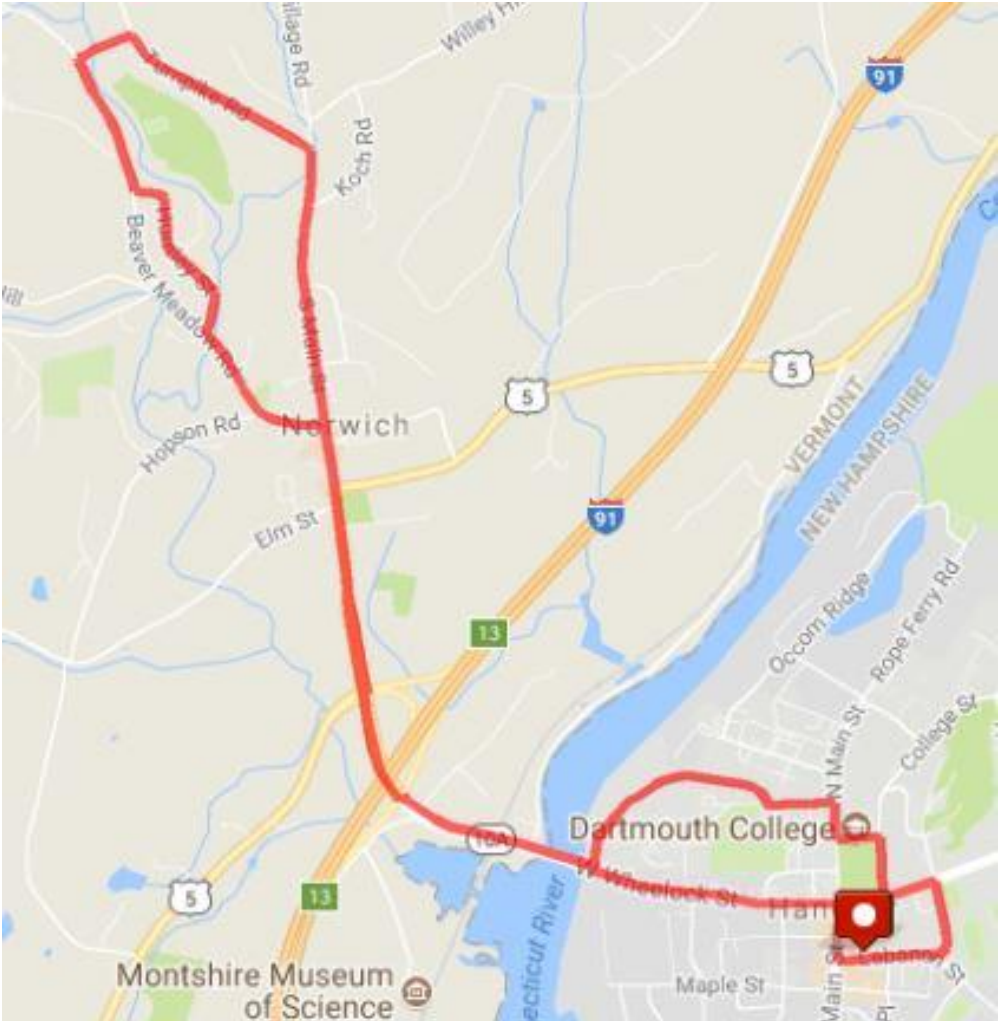
### **Hanover & Norwich 10k walk**

1. Exit the parking garage at 7 Lebanon Street. Walk to the highest level, above ground. Notice a big brick building housing both the Salt Hill Pub and Talbots, next to the lot. Walk through the archway under the building to emerge on Lebanon Street.
2. LEFT on Lebanon Street for a short distance. The Post Office will be on your left.
3. RIGHT on S. Main Street. Morano's Gelato (Italian ice cream!) is diagonally across the street. Pass many other shops and restaurants.
4. LEFT at the traffic light on West Wheelock Street, beginning a long walk down to the Connecticut River. Cross the river on the pedestrian bridge, and continue along the side walk into the village of Norwich. Pass the post office, Dan & Whit's store and the Norwich Inn on the left. Note the tall water fountain on the lawn of the inn.
5. At next intersection, LEFT on Beaver Meadow Road. Enjoy this winding road which gives you a taste of the countryside.
6. At Huntley Road, RIGHT. This is a narrow, quiet road, but has no sidewalk. For your safety, please walk in single file on the left.

- exit the other side of the gazebo. On the sidewalk is a sign memorializing Alden Partridge, innovator, who designed the American Educational System.
17. RIGHT on sidewalk and back to your car at Main and Church.
7. At end of Huntley, RIGHT, on Beaver Meadow again.
8. At Moore Lane (Park & Ride sign), RIGHT, crossing Bloody Brook.
9. At end, RIGHT on Turnpike Rd. Pass the Huntley Meadows recreational fields on the right. Follow Turnpike road back into the center of Norwich.
10. At Main Street, RIGHT, passing the Norwich Library. (Restrooms when open).
11. At Church Street, pass the town hall on your left, (Restrooms when open) and note the church. Pass the town green on your left. On the sidewalk near the gazebo is a sign memorializing Alden Partridge, innovator, who designed the American Educational System. Retrace your steps back across the Connecticut River.
12. At end of bridge, LEFT through two stone columns towards boathouse. Keep to the right on Tuck Drive, which goes uphill steadily to emerge at Tuck Mall on the Dartmouth campus.
13. LEFT along Tuck Mall passing many Dartmouth buildings.
14. RIGHT on North Main Street.
15. At the beginning of the Dartmouth Green, LEFT on Wentworth Street to go around the green.
16. RIGHT on College Street, continuing along the green.



**Hanover & Norwich 10 km walk**



## Norwich 5 km walk



**POC contact information:** Contact Cynthia Gray (802-498-8668, [crwgray@comcast.net](mailto:crwgray@comcast.net)) for walk matters.

These walk directions and map may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

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