

Find the LOVE at Potomac Mills Mall
 The Wood and Dale Wanderers Volkssport Club
 Welcomes You to
The 2020 Find the LOVE at Potomac Mills Mall Walk
 An AVA Sanctioned Year Round Event



This walk offers trails of 5/6/10/11K length. The 5 and 10K trails are all inside the mall. A 1K option for 6/11K takes walkers outside the mall, across a street to another shopping center for a **Clock** and a **Little Free Library**.

Walk Registration:

Registration takes place online using that AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

Starting Point Location: Potomac Mills Mall Center Court (food court). 2700 Potomac Mills Circle, Woodbridge, Virginia 22192. GPS: LAT: 38 38 47 N, LONG: 77 17 39 W.

Driving Directions:

From North or South on I-95: Exit 156B toward Dale City.

After exit from North: Keep right, then turn right on Gideon Dr. Cross Opitz Blvd to mall.

After exit from South: Keep right following signs toward Potomac Mills Mall, then turn right on Gideon Dr. Cross Opitz Blvd to mall.

Best entrances near Cheesecake Factory or on opposite side near Burlington.

Free parking

Special Programs: Mayflower - 400th Anniversary. (Potomac derived from Patawomeck, one of Virginia's 11 recognized tribes)

Virginia Find the LOVE (sign at Cheesecake Factory entrance)

Little Free Library (6/11K only)

Rockin' Around the Clock (6/11K only)

Restrooms: Many in the mall

Note: This event also has a Physical Start Box. Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

Table of Contents: Use the following table to guide what portion of this document you may wish to print out.

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Introduction, Walk Registration/Completion, Driving Directions, Special Programs, other walk info, and Table of Contents	1
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2020 Potomac Mills Mall 5/6/10/11K[®]

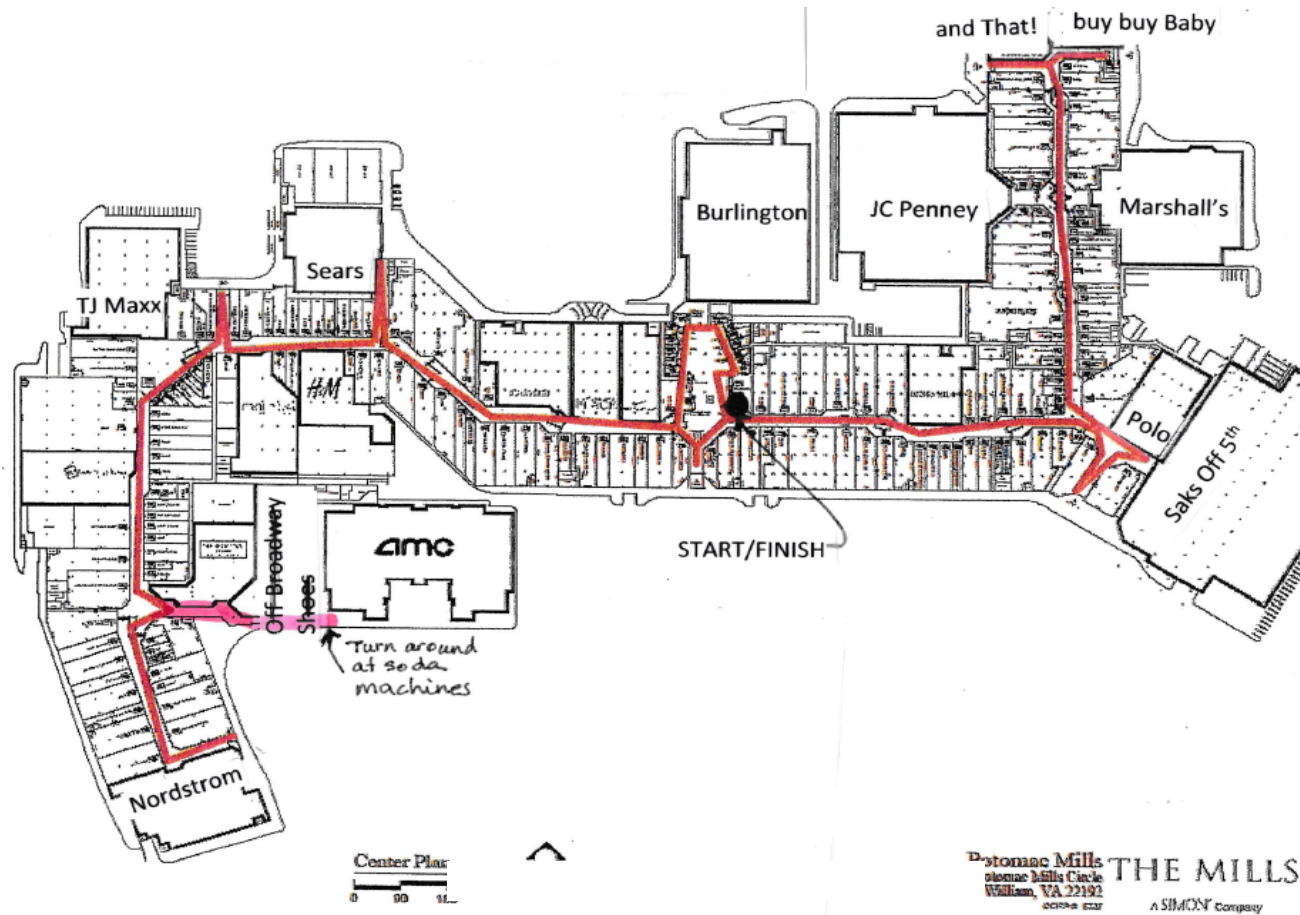
Directions

1. From the Center Food Court near Starbucks, turn either right or left. Each loop, including turnouts to mall entrances as you walk (i.e., if you are walking on the right side of the walkway, take turnouts to the right; don't cross to a turnout on the other side), back to the start point is about 1 mile.

2. For 10km (6 miles), walk the entire mall 3 times (6 loops). For 5 km (3 miles), walk the entire mall once and one additional loop (3 loops).

3. For 6 km (3.7 miles) or 11 km (6.8 miles), add the option on the next page.

Special Programs: Mayflower (Potomac derived from Patawomeck, one of Virginia's 11 recognized tribes), Virginia Find the LOVE (sign at Cheesecake Factory entrance), Little Free Library (6/11K only), Rockin' Around the Clock (6/11K only)



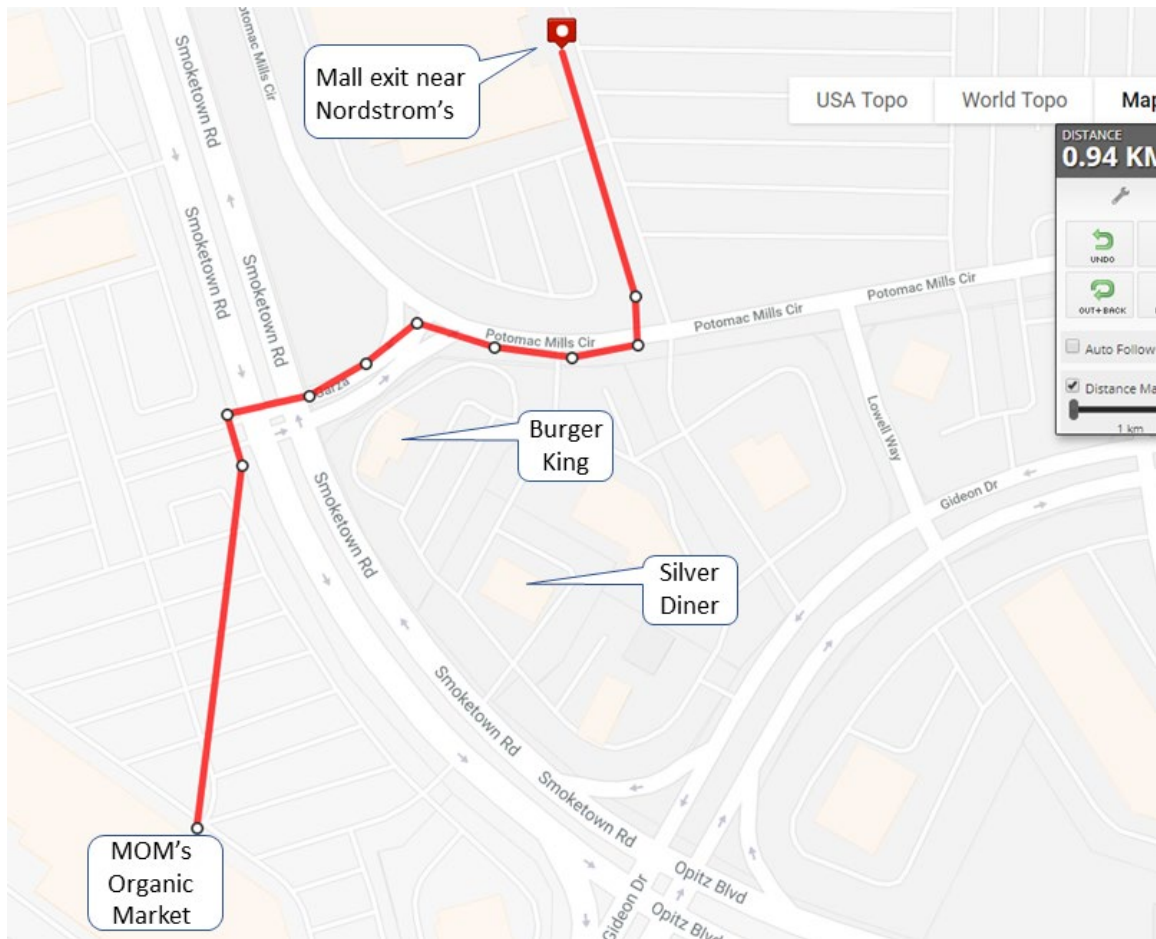
1K option for Little Free Library and Clock (0.94K round trip):


1. Exit Potomac Mills Mall from the mall exit at the Nordstrom's end. Before 11 am (noon Sundays), you may need to use one of the side doors instead of the middle automatic doors. Turn **→ RIGHT** on the sidewalk toward the road and carefully walk along the curb when the sidewalk ends.
2. CAREFULLY cross Potomac Mills Circle and turn **→ RIGHT** on the sidewalk. At Garza, CAREFULLY cross to the far side of Garza. Incoming traffic does

not stop. Turn **← LEFT** to the traffic light at Smoketown Road.

3. After crossing Smoketown Road with the light, turn **← LEFT** to cross the intersection, then angle **→ RIGHT** across the short grass strip and CAREFULLY continue diagonally across the parking lot to MOM's Organic Market. *As you cross the parking lot, look left across Smoketown Rd at the **Clock** on Silver Diner. **Little Free Library** #32376 is just inside the door of MOM's. Note that MOM's opens at 9 am.*

4. Retrace your steps to the mall entrance to continue or finish your walk.



 In case of Emergency: Dial 911
Event related assistance:
Celia Miner, 571-212-0329

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

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IS FOR
WALKING
LOVERS**