

## Glens Falls, NY Seasonal Walks

A 5K and 10K walk are available and they are both **rated 1A**.

[Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. DO NOT mix and match, for example, by registering using the OSB then completing your event by using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.]

**Starting Point:** SPOT COFFEE GLENS FALLS                      Phone: (518) 223-0192  
221 Glen St.  
Glens Falls, NY 12801  
Website: <https://www.spotcoffee.com/map-location/glens-falls/?mpfy-pin=704>

The coffee shop is open 7 days a week (7:00 am – 4:00 pm) CLOSED CHRISTMAS DAY. There is on-street parking and various close-by lots. Google City of Glens Falls Parking Map for more info. Restrooms should be available at the SPOT COFFEE shop. Restrooms are available at several businesses, including Stewarts Shops, along the routes (Corinth Rd/Broad St. or Glen St.) to the Start Point.

**DIRECTIONS TO START POINT:** Glens Falls is located approximately 50 miles north of Albany NY off of the Adirondack Northway, Interstate 87 (I-87).

**From Albany and South:** Take I-87 (Adirondack Northway) North to EXIT 18. At the end of the exit ramp turn RIGHT onto Main St. Continue on Main St. as it becomes Broad St. Bear RIGHT onto Hudson Ave. At the traffic circle take the fourth exit onto Glen St/US9. SPOT COFFEE GLENS FALLS will be on your right just before the Crandall Public Library.

**From the North:** Take I-87 (Adirondack Northway) South to EXIT 19 towards Route 254/Glens Falls. Turn RIGHT onto Aviation Road (Route 254). Turn RIGHT onto Glen St. (0.6 miles). Continue on Glen St. for 2 miles. Arrive at SPOT COFFEE GLENS FALLS on the left side of the street just past Crandall Public Library.

**Course Description:** Walk will be on city sidewalks, through neighborhoods and the downtown district as well as trails through a wooded City Park with wooden bridges that cross over a pond. The outskirts of Glens Falls include a Mall and many restaurants and businesses along the main thoroughfare of Route 9. There is a large complex of outlet stores located off I-87 about 8 miles north at Exit 20.

The following map & directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

For immediate emergency assistance call 911.

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POC: Ginger Ireton (518) 488-8899

E-mail: [glensfallswalk@walkescv.org](mailto:glensfallswalk@walkescv.org)

Website: [www.walkescv.org/20glensfalls.html](http://www.walkescv.org/20glensfalls.html)

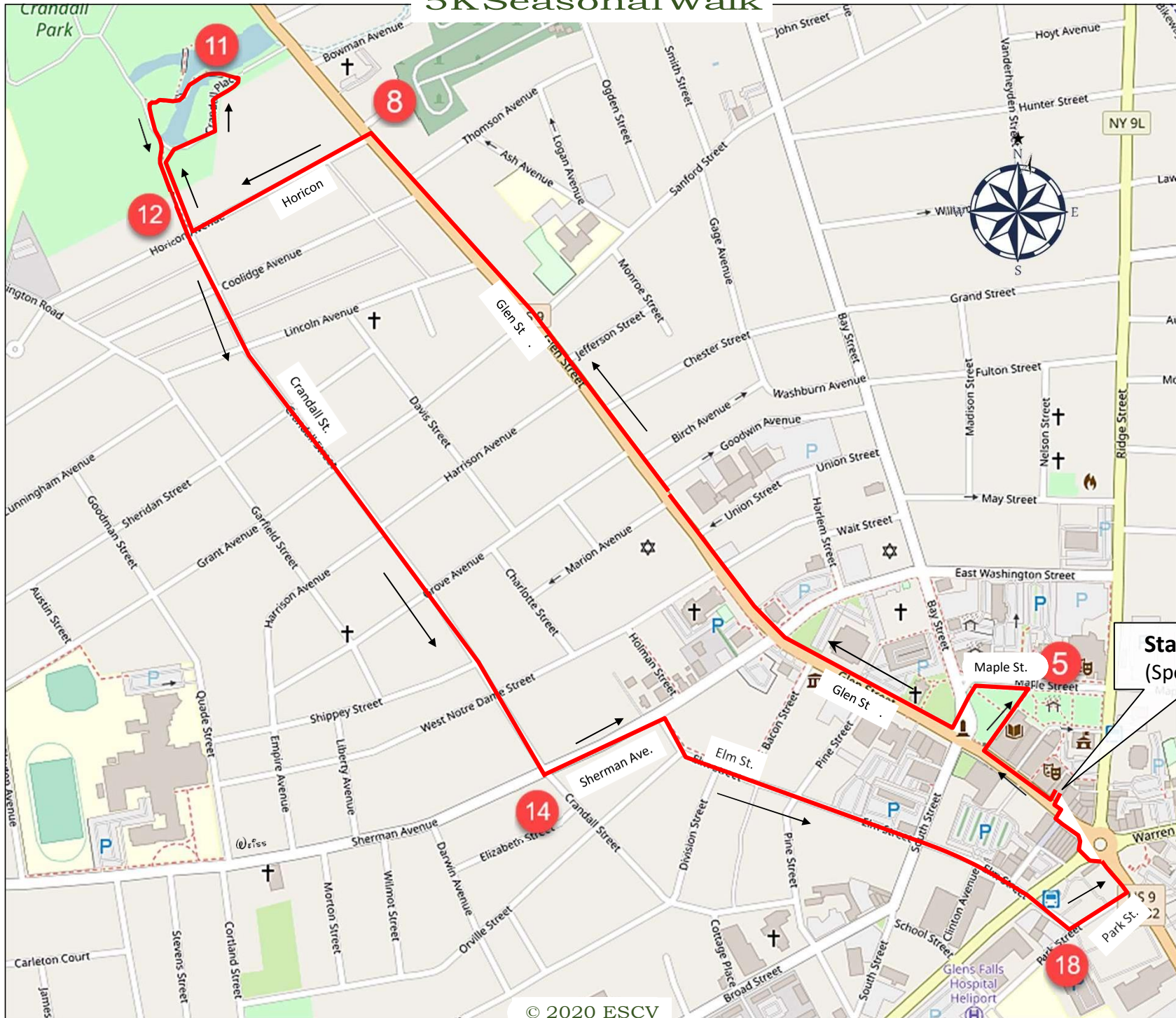
## Glens Falls, NY 5K Seasonal Walk

Stand in front of Spot Coffee facing Glen St/Route 9.

1. **RIGHT** onto Glen St. from Spot Coffee. Pass Crandall Library to the end of the building.
2. **RIGHT** at the end of the library and walk along the front of the library towards the City Park. Walk to the convergence of several sidewalks.
3. **RIGHT** walking to just past the yellow brick building to the right.
4. **LEFT** at the end of the sidewalk to Maple St, Queensbury Hotel is across the street.
5. **LEFT** at Maple St. to Bay St.
6. **LEFT** on Bay St and walk to Glen St. **CROSS** Glen St.
7. **RIGHT** on Glen St. for several blocks to Horicon Ave. Cross Horicon Ave.
8. **LEFT** onto Horicon. Continue until you see the sign that reads *Park Entrance Crosswalk*. This is a paved pathway that is enclosed with a chain link fence.  
*(This section may be wet in early spring if there is still snow on the ground. If it is not easily passable, bypass this section of the walk. Skip to direction 13, remain on Horicon).*
9. **RIGHT** to enter Crandall Park on the walkway and proceed to the roadway.
10. **RIGHT** on the roadway and look for a wooden bridge.
11. **LEFT**, cross two wooden bridges to the roadway.
12. **LEFT** onto the roadway. Walk the short distance to that *Park Entrance Crosswalk* path you were on earlier (may not be a sign), leading back to Horicon. Cross Horicon. Crandall St. begins here.

13. **CONTINUE** straight onto Crandall St. using the left sidewalk. Walk several blocks and then **CROSS** Sherman St.
14. **LEFT** after crossing Sherman and walk one block to Elm St.
15. **RIGHT** on Elm St.  
*Look at the medical complex to the right. Some of the buildings date from the 1850's.*
16. **CONTINUE** on Elm St. for several blocks. Pass the South Street Pavilion on the left which houses the seasonal Saturday morning Farmers' Market.
17. **CONTINUE** further on Elm (cross South, Clinton and the wider Hudson), to Park St. Cross Park St.
18. **LEFT** on Park St. Look for the newly refurbished Park Theater on the right.  
*The theater opened on December 23, 1911 as the first movie theater in Glens Falls where the town gathered to watch silent films and vaudeville shows. Visit inside if it is open and see the beautiful chandelier in the lobby and the ornamental wrought iron décor of the spiral staircase.*
19. **RIGHT** leaving the theater (facing Park St.), and walk to Glen St.
20. **LEFT** at Glen St. Continue on Glen around the traffic circle to Exchange St. where Davidson Brothers Brewery and Pub is located. Look for the crosswalk.
21. **RIGHT** to cross Glen St. at the crosswalk.
22. **LEFT** on Glen St. to walk the short distance back to the start point.

# Glens Falls, NY 5K Seasonal Walk



**Start/Finish**  
(Spot Coffee)

## Glens Falls, NY 5K Seasonal Walk

SPECIAL PROGRAMS	
Rockin' Around the Clock	Walking the USA A - Z

**AFTER YOUR WALK, please be sure to log back into the OSB system to "finish/complete" your online registration after completing the walk.** The OSB system does not deduct any walking fee from your Event Bank until you have submitted walk completion info including the date the event was walked; the distance walked; and the selection of applicable special programs you're participating in. (Nevertheless, a fee of \$2 for a downloaded pdf is deducted from your Event Bank when the pdf is downloaded. Later, any pdf fee is credited back to your Event Bank when you submit the walk completion info as a paying-for-credit walker. Note, however, that the \$2 coupon for the downloaded pdf will expire in 60 days).

## Glens Falls, NY 10K Seasonal Walk

Stand in front of Spot Coffee facing Glen St/Route 9.

1. **RIGHT** along Glen Street. Walk a short distance to pass Crandall Library. Walk to the end of the building.
2. **RIGHT** and walk along the front of the library towards the City Park. Walk to the convergence of several sidewalks.
3. **RIGHT** walking to just past the yellow brick building.
4. **LEFT** at the end of the sidewalk to Maple St. Queensbury Hotel is across the street.
5. **LEFT** at Maple St. to Bay St.
6. **LEFT** on Bay Street and walk to Glen St. and cross at the traffic light.
7. **RIGHT** on Glen Street for several blocks to Horicon St. Cross Horicon.
8. **LEFT** onto Horicon. Continue until you see the sign that reads *Park Entrance Crosswalk*. This is a paved pathway that is enclosed with a chain link fence.  
*(This section may be wet in early spring if there is still snow on the ground. If it is not easily passable, it may be best to bypass this section of the walk. Skip to direction 13, continuing straight on Horicon).*
9. **RIGHT** to enter Crandall Park and proceed to the roadway.
10. **RIGHT** on the roadway and look for a wooden bridge.
11. **LEFT** to cross two wooden bridges to the roadway.
12. **LEFT** onto the roadway. Walk the short distance to the Park Entrance Crosswalk path (may not be a sign), you were on earlier, leading back to Horicon.

13. **RIGHT** onto Horicon. Cross Kensington. Continue to walk on Horicon towards a small roundabout. Bear right around the roundabout and walk towards a small neighborhood park.
14. **CROSS** at T intersection to the park side.
15. **RIGHT** following the park perimeter to Roosevelt Ave.
16. **LEFT** onto sidewalk at Roosevelt and walk along to the park's end.
17. **RIGHT** to cross Roosevelt onto Broadacres. Walk for several blocks and continue as the road loops to the left to become Coolidge Ave.
18. **CONTINUE** on Coolidge and walk to Western Ave (will be on your right). Cross Western.
19. **RIGHT** on Western Ave and continue to Sherman Ave, Cross Sherman.
20. **LEFT** on Sherman and walk several blocks to Elm St.
21. **RIGHT** on Elm St. Look at the medical complex to the right. Some of the buildings date from the 1850's.
22. **CONTINUE** on Elm St. Walk past the South Street Pavilion on the left, the location of the Saturday morning Farmers' Market.
23. **CONTINUE** on Elm, crossing South Clinton and Hudson Streets to Park St.
24. **RIGHT** on Park to cross Elm and walk to the crosswalk just a short distance before the hospital.
25. **LEFT** to cross Park St.

## Glens Falls, NY 10K Seasonal Walk

**26. LEFT** on Park and walk to the newly refurbished Park Theater on the right.

*The theater opened on December 23, 1911 as the first movie theater in Glens Falls where the town gathered to watch silent films and vaudeville shows. Visit inside if it is open and see the beautiful chandelier in the lobby and the ornamental wrought iron décor of the spiral staircase.*

**27. RIGHT** leaving the theater (facing Park St), and walk to Glen St.

**28. LEFT** at Glen St. Continue on Glen around the traffic circle to Exchange St. where Davidson Brothers Brewery and Pub is located. Look for the crosswalk.

**29. RIGHT** to cross Glen St. at the crosswalk.

**30. LEFT** on Glen St. to walk the short distance back to the start point.

SPECIAL PROGRAMS	
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**AFTER YOUR WALK, please be sure to log back into the OSB system to "finish/complete" your online registration after completing the walk.** The OSB system does not deduct any walking fee from your Event Bank until you have submitted walk completion info including the date the event was walked; the distance walked; and the selection of applicable special programs you're participating in. (Nevertheless, a fee of \$2 for a downloaded pdf is deducted from your Event Bank when the pdf is downloaded. Later, any pdf fee is credited back to your Event Bank when you submit the walk completion info as a paying-for-credit walker. Note, however, that the \$2 coupon for the downloaded pdf will expire in 60 days).

# Glens Falls, NY 10K Seasonal Walk

