

Accotink Seasonal Volksmarches



Northern Virginia Volksmarchers Club
Welcomes You to the Accotink Walks
AVA Sanctioned Event (#AT20/Y2486)



Description: Both the seasonal walks are scenic, mostly shady, and follow portions of the Fairfax County Cross County Trail. The 5 KM (3 mile) walk is on pavement, adjacent to Accotink Creek, and is rated 1A. The 10 KM (6 mile) walk goes around Lake Accotink and through a neighborhood. This route is rated 2B, and is probably suitable for most strollers with large wheels, but not wheelchairs.

Directions: From the Capital Beltway (I-495), exit east onto Braddock Road (SR-620), and turn right onto Heming Avenue. Continue 1.3 miles on Heming Avenue to Lake Accotink Park entrance.

Dates: 1 March 2021 to 30 October 2021

Award: IVV Credit Only

Club Contact: S. Brown, Email: nicebrowns@verizon.net , Phone Number: (703) 644-0189

Club Website: <http://northernvirginiavolksmarchers.club> has details about additional local walks

Registration: Use AVA Online Start Box, at <http://my.ava.org> and follow instructions provided to create a user account and sign AVA's waiver. Payment instructions are included. Download and print walk directions. The club does not provide event directions or accept alternate payment methods.

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete event. Do NOT mix and match, for example, by registering using the OSB then completing your event using PSB or signing the PSB log sheet. The sponsoring club receives credit for OSB participation when OSB registration has been completed online by entering your participation date, distance, and any special programs using the OSB.

Walk Completion Credit: Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.

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Lake Accotink 10 Kilometer (6 Mile) Walk Directions

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.



In case of Emergency: Dial 911
 Event related assistance:
 S. Brown: (703) 644-0189

Start point: Parking lot for Lake Accotink Park located at 5660 Heming Avenue in Springfield, VA

Restrooms: Handicap friendly restrooms are located in white picnic pavilion on the left side of trail.

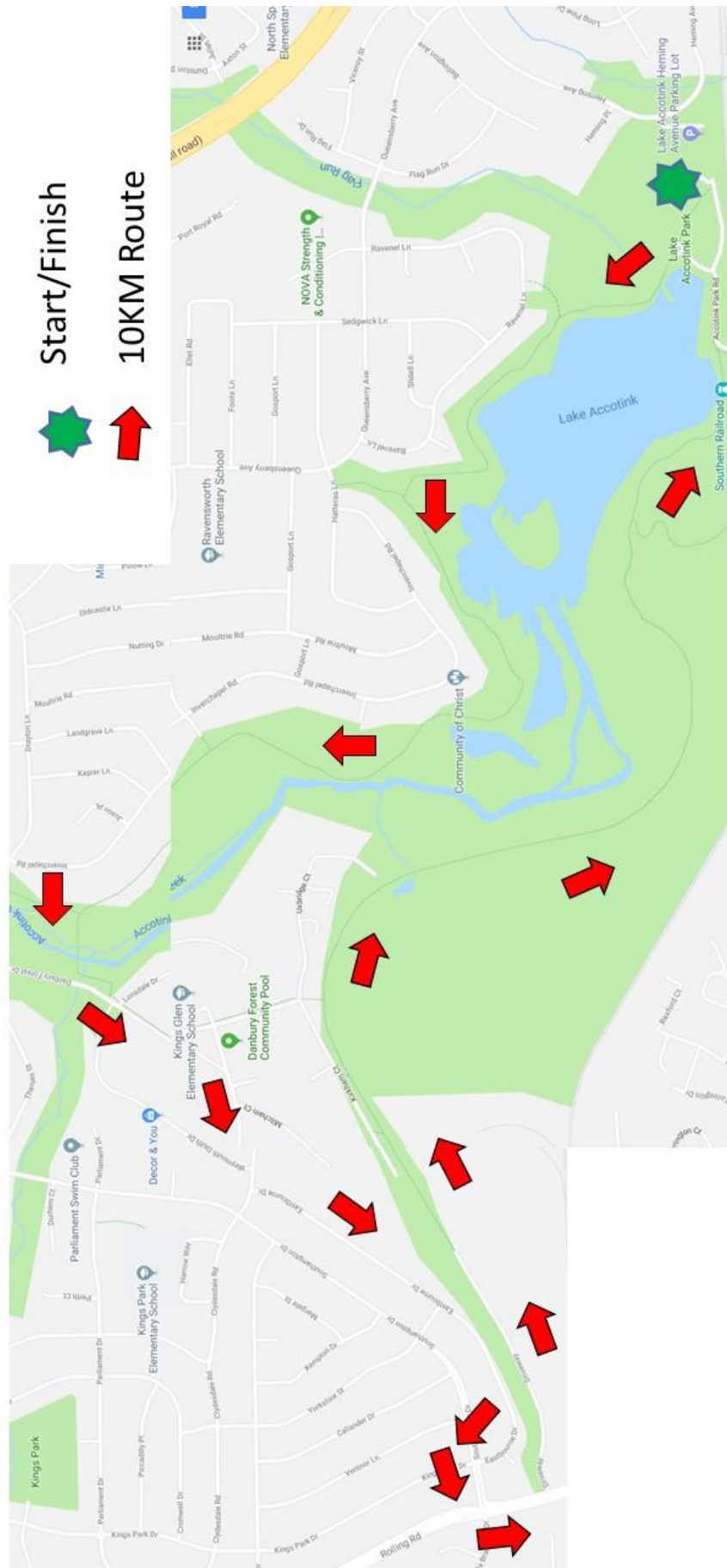
Miles Total

- 1) 0.0 0.0 **Enter paved path**, marked with 4 vertical posts, on right side of bulletin board
- 2) 0.1 0.1 **Continue straight** on blacktop paved path, descending toward Lake Accotink
- 3) 0.1 0.2 **Continue** past carousel & miniature golf course, crossing sand and metal bridge
- 4) 0.1 0.3 Follow dirt/gravel path, keeping the lake on your left side
- 5) 0.4 0.7 **Turn left at "Y" intersection**, with bulletin board
- 6) 1.1 1.8 **Turn left** onto paved path, at covered bulletin board, and cross over creek on bridge
- 7) 0.1 1.9 **Turn left** at covered bulletin board and follow wood boardwalk uphill
- 8) 0.1 2.0 **Continue straight** on Danbury Forest Drive sidewalk, crossing Lonsdale Drive
- 9) 0.2 2.2 **Pass Kings Glen Elementary School** and little library

Miles Total

- 10) 0.0 2.2 **Turn right** and cross Danbury Forest Drive onto Clydesdale Road (#3295) sidewalk
 - 11) 0.6 2.8 **Turn left** onto Yorkshire Street (#3625)
 - 12) 0.3 3.1 **Turn right** onto Southampton Drive (#3647) sidewalk
 - 13) 0.3 3.4 **Turn left** onto Rolling Road (#638) sidewalk
 - 14) 0.1 3.5 **Turn left** onto entrance labeled "5701 Rolling Road"
 - 15) 0.4 3.9 **Continue straight** on trail toward Lake Accotink Marina
 - 16) 1.7 5.6 **Slight left** at bulletin board to continue on trail
 - 17) 0.2 5.8 **Turn left** toward boat dock, snack bar and carousel
 - 18) 0.1 5.9 **Follow sidewalk clockwise** around cul-de-sac
 - 19) 0.1 6.0 **Turn left** onto path at sign pointing to rest rooms and McLauren-Sargent Pavilion
 - 20) 0.1 6.1 **Continue straight** on path, past restrooms, to parking lot
- Congratulations on completing 10K walk!*

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Accotink Creek 5 Kilometer (3 Mile) Walk Directions

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In case of Emergency: Dial 911
Event related assistance:
S. Brown: (703) 644-0189

Start point: Parking lot for Lake Accotink Park located at 5660 Heming Avenue in Springfield, VA

Restrooms: Handicap friendly restrooms are located in white picnic pavilion on the left side of trail.

Miles Total

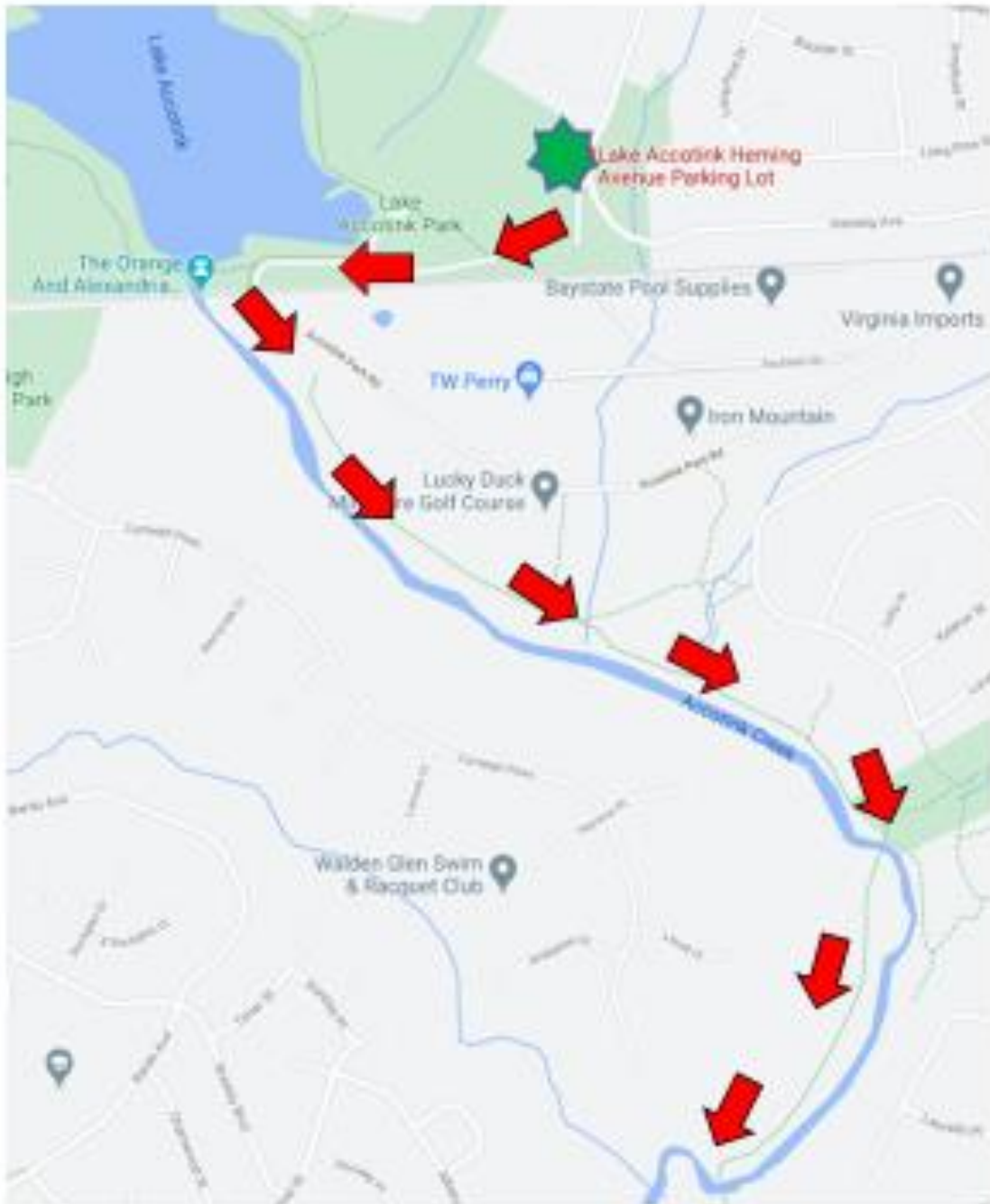
- 1) 0.0 0.0 **Enter paved path**, marked with 4 vertical posts, on right side of bulletin board
- 2) 0.1 0.1 **Continue straight** on blacktop paved path, descending toward Lake Accotink
- 3) 0.1 0.1 **Follow sidewalk** left around curve toward Lake Accotink boat dock and snack bar
- 4) 0.1 0.2 **Continue straight** on sidewalk toward dam, keeping the lake on your right side
- 5) 0.1 0.3 **Turn left** at the bottom of concrete stairs, following sidewalk under railroad trestle
- 6) 0.1 0.4 **At end of parking lot, turn right** toward yellow warning sign on opposite side
- 7) 0.1 0.5 **Enter paved path** following creek (may have some standing water after a heavy rain)

Miles Total

- 8) 1.1 1.6 **Pause** at the second metal bridge crossing Accotink Creek and enjoy the scenery
- 9) 1.1 2.7 **Turn around** and return to the parking lot that you passed before entering path
- 10) 0.1 2.8 **Turn right** at end of trail, across parking lot, to sidewalk below railroad trestle
- 11) 0.1 2.9 **Turn right** at dam onto path, keeping lake on your left, leading to boat dock
- 12) 0.1 3.0 **Follow sidewalk clockwise** around cul-de-sac
- 13) 0.1 3.1 **Turn left** onto path at sign pointing to rest rooms and McLauren-Sargent Pavilion
- 14) 0.1 3.2 **Continue straight** on path, past restrooms, to parking lot

Congratulations on completing 5KM walk!

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Start/Finish



5KM Route from parking lot to mid-point. Reverse to return to the lot.