

## Scotia Northside Walks, NY

There are two walks available, a **5K** and a **10K**. Both walks are **rated 1A**.

**Starting Point:** Scotia Village Plaza  
154 Sacandaga Rd.  
Scotia, NY 12302

Scotia Village Plaza is an outside strip mall and there are no public rest rooms available in the plaza. Please use restrooms at Stewart's or Dunkin' Donuts along the route.

**DIRECTIONS TO START:** Scotia is located in eastern New York State, 12 miles northwest of Albany and on the opposite side of the Mohawk River from Schenectady.

**From the East:** Use Exit 25 of the I-90 (New York State Thruway) and follow I-890 West to Exit 4C. Follow the ramp down to the traffic light at State St.(Route 5). Left onto State St. and pass over the Mohawk River on the Western Gateway Bridge. Right on Sacandaga Rd. (Route 147). Right into Scotia Village Plaza parking area.

**From the North or South :** Use Exit 6 of the I-87 (Northway). Head west on Route 7 towards Schenectady. Turn onto I-890 west to Exit 4C. Follow the ramp down to the traffic light at State St. (Route 5). Left onto State St. and pass over the Mohawk River on the Western Gateway Bridge. Right on Sacandaga Rd.(Route 147). Right into Scotia Village Plaza parking area.

**OR alternate route from the North:** Using Route 50 south from Saratoga Springs/Ballston Spa, continue to the end at Mohawk Ave/Route 5. Right on Mohawk Ave. Right on Sacandaga Rd.(Route 147). Right into Scotia Village Plaza parking area.

**From the West:** Use Exit 26 of the I-90 (New York State Thruway) and take the ramp towards Route 5, Scotia. At the stop light continue straight across Route 5 onto Vley Rd. (County Route 30). Just after the underpass bear right to the tee intersection with Route 147 (Sacandaga Rd.) Left onto Sacandaga Rd. After approximately 1 mile turn left into Scotia Village Plaza parking area.

**Course Description:** Located just west of Schenectady, crossing over the Mohawk River by way of the Western Gateway Bridge, is the Village of Scotia. In the 1650's, Alexander Lindsey bought this land from the Iroquois Indians. He named his estate Scotia, in memory of the Scottish hills of his native country.

The walk is on Village Streets and sidewalks through neighborhoods.

The following map & directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

For immediate emergency assistance call 911.

© 2020 Empire State Capital Volkssporters

POC: Louise Remillard Ph: 518-496-1879

E-mail: [scotianorthsidewalk@walkescv.org](mailto:scotianorthsidewalk@walkescv.org)

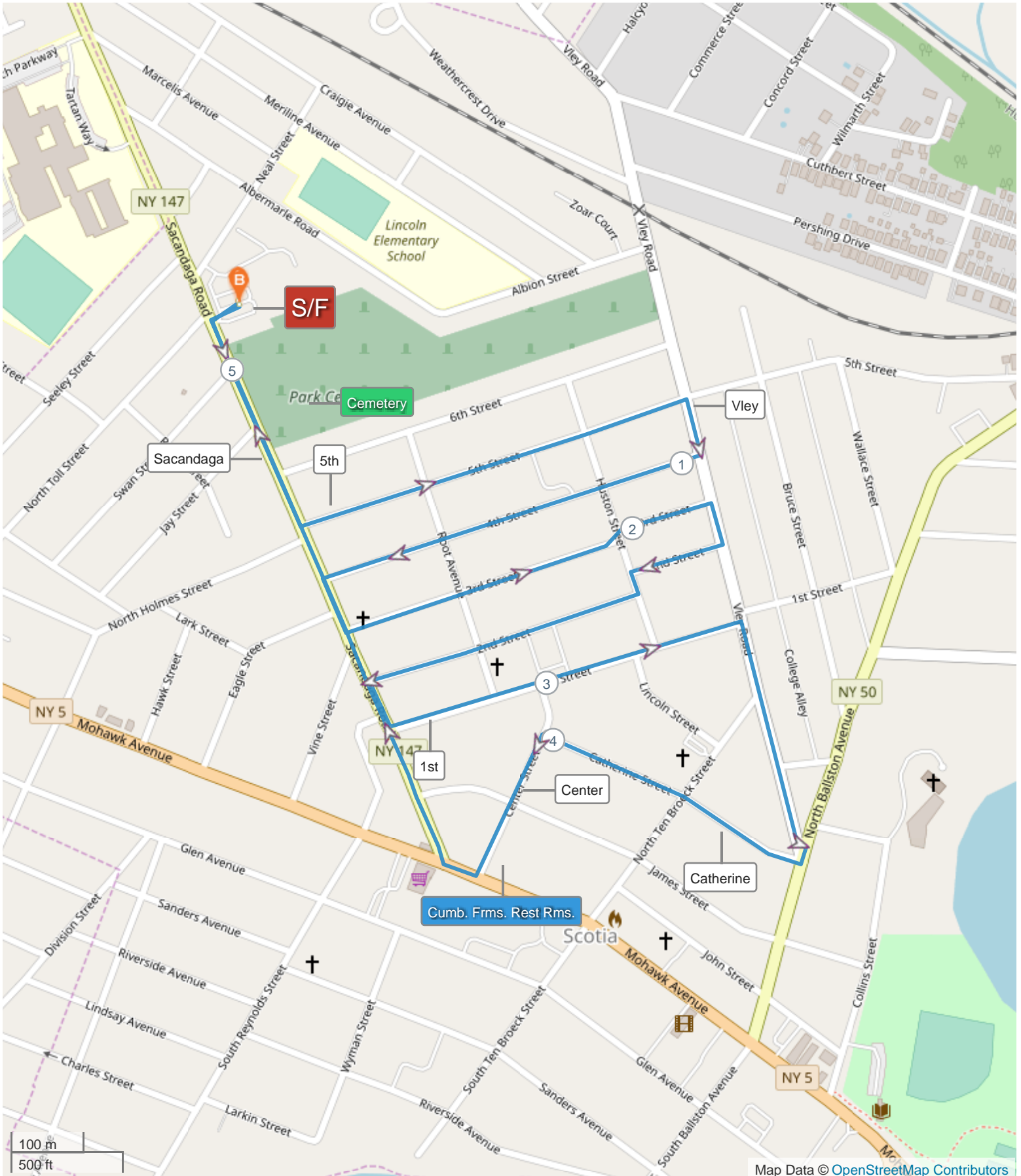
## Scotia Northside, NY 5K Walk – 1A

- |  |   |
|--|---|
| <ol style="list-style-type: none"> <li>1. <b>LEFT</b> on Sacandaga Rd. to Fifth St.</li> <li>2. <b>LEFT</b> on Fifth St. to Vley Rd.</li> <li>3. <b>RIGHT</b> on Vley Rd. to Fourth St.</li> <li>4. <b>RIGHT</b> on Fourth St. to Sacandaga Rd.</li> <li>5. <b>LEFT</b> on Sacandaga Rd. to Third St.</li> <li>6. <b>LEFT</b> on Third St. to Vley Rd.</li> <li>7. <b>RIGHT</b> on Vley Rd. to Second St.</li> <li>8. <b>RIGHT</b> on Second St. to Sacandaga Rd.</li> </ol> | <ol style="list-style-type: none"> <li>9. <b>LEFT</b> on Sacandaga Rd. to First St.</li> <li>10. <b>LEFT</b> on First St. to Vley Rd.</li> <li>11. <b>RIGHT</b> on Vley Rd. to Catherine St.</li> <li>12. <b>RIGHT</b> on Catherine St. to Center St.</li> <li>13. <b>LEFT</b> on Center St. to Mohawk Ave.</li> <li>14. <b>RIGHT</b> on Mohawk Ave. to Sacandaga Rd.</li> <li>15. <b>RIGHT</b> on Sacandaga Rd. to return to Start Point.</li> </ol> |
|--|---|

| <b>SPECIAL PROGRAMS</b>  |                     |                                 |
|--------------------------|---------------------|---------------------------------|
| Rockin' Around the Clock | Walking the USA A-Z | Walking with America's Veterans |

**AFTER YOUR WALK, please be sure to log back into the OSB system to "finish/complete" your online registration after completing the walk.** The OSB system does not deduct any walking fee from your Event Bank until you have submitted walk completion info including the date the event was walked; the distance walked; and the selection of applicable special programs you're participating in. (Nevertheless, a fee of \$2 for a downloaded pdf is deducted from your Event Bank when the pdf is downloaded. Later, any pdf fee is credited back to your Event Bank when you submit the walk completion info as a paying-for-credit walker. Note, however, that the \$2 coupon for the downloaded pdf will expire in 60 days).

# Scotia Northside 5k Map



## Scotia Northside, NY 10K Walk – 1A

1. **LEFT** on Sacandaga Rd. to Fifth St.
2. **LEFT** on Fifth St. to Vley Rd.
3. **RIGHT** on Vley Rd. to Fourth St.
4. **RIGHT** on Fourth St. to Sacandaga Rd.
5. **LEFT** on Sacandaga Rd. to Third St.
6. **LEFT** on Third St. to Vley Rd.
7. **RIGHT** on Vley Rd. to Second St.
8. **RIGHT** on Second St. to Sacandaga Rd.
9. **LEFT** on Sacandaga Rd. to First St.
10. **LEFT** on First St. to Vley Rd.
11. **RIGHT** on Vley Rd. to Catherine St.
12. **RIGHT** on Catherine St. to Center St.
13. **LEFT** on Center St. to Mohawk Ave.
14. **LEFT** on Mohawk Ave. to N. Ballston Ave.  
(Village Clock in front of the Scotia Village Green & Parking area – *Rockin Round the Clock*)
15. **LEFT** on N. Ballston Ave. (Route 50) to Cuthbert St.
16. **LEFT** on Cuthbert St. to Lindberg Court.
17. **LEFT** on Lindberg Court to Pershing Dr.
18. **BEAR RIGHT** on Pershing Dr. to Vley Rd.
19. **RIGHT** on Vley Rd. to Henry St.
20. **LEFT** on Henry St. (road curves to become Weathercrest Dr.)
21. **LEFT** on Weathercrest Dr. (walk around the Cul du Sac) to Vley Rd.
22. **RIGHT** on Vley Rd. to Albion Ave.
23. **RIGHT** on Albion Ave. to Craigie Ave.
24. **RIGHT** on Craigie Ave. to Alcazar Ave.
25. **LEFT** on Alcazar Ave. to Meriline Ave.
26. **LEFT** on Meriline Ave. to Albion Ave.
27. **RIGHT** on Albion Ave.
28. **Road Curves** to the right and becomes Albermarle Rd.
29. **LEFT** on Lyric St.
30. **LEFT** on Sacandaga Rd. to return to Start Point.

| SPECIAL PROGRAMS         |                     |                                 |
|--------------------------|---------------------|---------------------------------|
| Rockin' Around the Clock | Walking the USA A-Z | Walking with America's Veterans |

**AFTER YOUR WALK, please be sure to log back into the OSB system to "finish/complete" your online registration after completing the walk.** The OSB system does not deduct any walking fee from your Event Bank until you have submitted walk completion info including the date the event was walked; the distance walked; and the selection of applicable special programs you're participating in. (Nevertheless, a fee of \$2 for a downloaded pdf is deducted from your Event Bank when the pdf is downloaded. Later, any pdf fee is credited back to your Event Bank when you submit the walk completion info as a paying-for-credit walker. Note, however, that the \$2 coupon for the downloaded pdf will expire in 60 days).

# Scotia Northside 10k Map

