

## **SPANAWAY PARK AND BRESEMANN FOREST WALK Y2733**

**Please note:** The Online Start Box (OLSB) system does not deduct any walking fee from a walker's Event Bank until they have submitted walk completion information including the date the event was walked, the distance walked, and the selection of applicable special programs that walker is participating in. (Nevertheless, a fee of \$2 for a downloaded pdf is deducted from the user's Event Bank when the pdf is downloaded. Later, any pdf fees are credited back to a walker's Event Bank when he/she submits the walk completion information as a paying for credit walker.)

This event has both a Physical Start Box and the Online Start Box. PLEASE do not mix and match between the two registration methods. It will confuse you and the club. Choose one, OSB or PSB, to complete the event.

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## Spanaway Park and Bresemann Forest Walk Driving Directions and Other Information

**Driving directions to start: Sprinker Recreation Center**  
**14824 C St S**  
**Tacoma, WA 98444**

**From I-5: Exit 127 (SR512/Puyallup).** Exit SR7 (Parkland). **Right** onto Pacific Ave. Continue to Military Rd (about 2 ½ miles.). **Right** on Military past the light at “C” St. **Right** into the parking lot at Sprinker Recreation Center.

**From I-5NB: Exit 123 (Thorn Lane/Logistics Center.) Right** at round-about onto Murray Rd SW. **Left** at the round-about onto 150<sup>th</sup> St SW which curves and then turns left onto Perimeter Rd below McChord Field. At the end of the airbase the road turns right becoming Military Rd S. **Continue** through the light at Spanaway Loop Rd past Spanaway Park on the right to Sprinker parking lot on left. **Left** into parking lot.

**From I-405: Exit #2 (SR167S).** Exit onto SR 512/SR161 (Puyallup/Olympia) (19 miles). Exit SR7 (Parkland). **Left** on Pacific Ave. Continue as above.

**Parking:** Park on the west (left) end of the parking lot near Bresemann Forest and Spire Rock. If the lot requires a fee because of an event (rarely), park on side street east of the parking lot on “C” street or in the strip mall parking lot to east.

**Restrooms** in walkway between Recreation Center building and Ball fields open seasonally every day 7am to 7pm. Walk through the chain link gate and walk down to restroom building. Restrooms also available in Spanaway Park at 1.5K on the 5K or 5.5K on the 10K routes all year.

**Pets:** Required to be on leash less than 8 feet long in Pierce County Parks. Owners must remove all animal waste.

# Spanaway Parks Walk

Y2733 10K Rated 1B

1. Facing **the ball field fence** go through the Left fence opening by the Spire Rock sign.
2. **Continue straight** on the trail keeping the ball field to your right and continue **straight** on the trail at the end of the ball field.
3. **Left** at the last trail before the chain link fence gate (trail 102 not marked here.) (You will see the fence gate ahead, but don't go through it.) The trail approaches the fence line.
4. Stay on this trail through Bresemann forest along the fence line at the north forest boundary. You will **pass gates** on the right out to neighborhoods. **The 2nd is by trail post 104.**
5. As trail curves **left** do not take larger trail to left. Continue on narrower trail with fence on right. **(1K)**
6. As the trail curves away from the fence, take a **Sharp Left** up a little hill and walk along a narrow ridge. Split rail fence on right.
7. The trail takes a sharp downhill and turns left at another split rail fence. Trail post 106 here.
8. **Continue up a short steep hill (your stick may be useful for difficult footing)** to its intersection with a larger trail.
9. **Right** on this larger trail continuing until you see a big rock on your right.
10. **Right** toward the rock and down a trail to the right of the rock.
11. **Left** across a little bridge. You'll see the dam on Spanaway Creek.
12. **Stay straight** along the creek (trail post 107 on top of mound).
13. **Cross** another bridge and Turn **Right** at an intersection. Creek is still to your right.
14. **Right** at the next bigger trail intersection and continue until you come to a "Y".
15. **Right at the "Y"**.
16. **Left** on the trail before the gate at street.
17. **Right** at next intersection and continue until you reach the arched gate entrance to Bresemann Forest at the Sprinker parking lot.
18. Go through the arch and **turn Right** along the fence line to the sidewalk. **(2K)**
19. **Right** at the sidewalk, continuing to the walk signal across from the entrance to Spanaway Park.
20. **Left** crossing Military Road **using the crossing signal.**
21. **Immediately turn Right** and walk on the left side of Military on the gravel raised shoulder.
22. **Cross** 10<sup>th</sup>, 11<sup>th</sup>, and 12<sup>th</sup> to 13<sup>th</sup> Ave S.
23. **Left** onto 13<sup>th</sup> Ave. S, walking on the left road shoulder.
24. **Turn sharp left** onto 152<sup>nd</sup> St. S **(3K)** (the first road of several at that intersection). Stay on the left road shoulder as the road curves right and becomes Mt. View Blvd. S.
25. **Cross** the single lane bridge using the **right hand** walk lane onto Enchanted Island.
26. **Keep straight** on Mt. View Blvd circling the island clockwise to Lake Vista Blvd. S.
27. **Right** onto Lake Vista Blvd. S and follow the loop back to Mt. View Blvd S **(4K)**
28. **Left** retracing your route back across the bridge on the left side.
29. **Left for a few feet** as the road turns at 152<sup>nd</sup> St S. (unmarked) **to a narrow dirt trail into the woods on the right just before the driveway. This trail is rooted and rocky, watch your step.**
30. **Enter** the woods on the dirt trail and follow it down and up. You will pass through an old fence. The right is iron, the left ivy covered chain link. (park boundary)
31. **Left** at "Y".
32. **Right** at second "Y" at large tree and up a small hill. Ignore smaller trails on right and left.
33. Continue **trending down** until you reach bridges over the creek.



In Case of Emergency: Call 911  
Walk Assistance: Nancy Wittenberg  
253-208-1331 (c)

These directions and maps may be used only in conjunction with a signed American Volkssport Association Athletic Waiver. All other uses are prohibited.

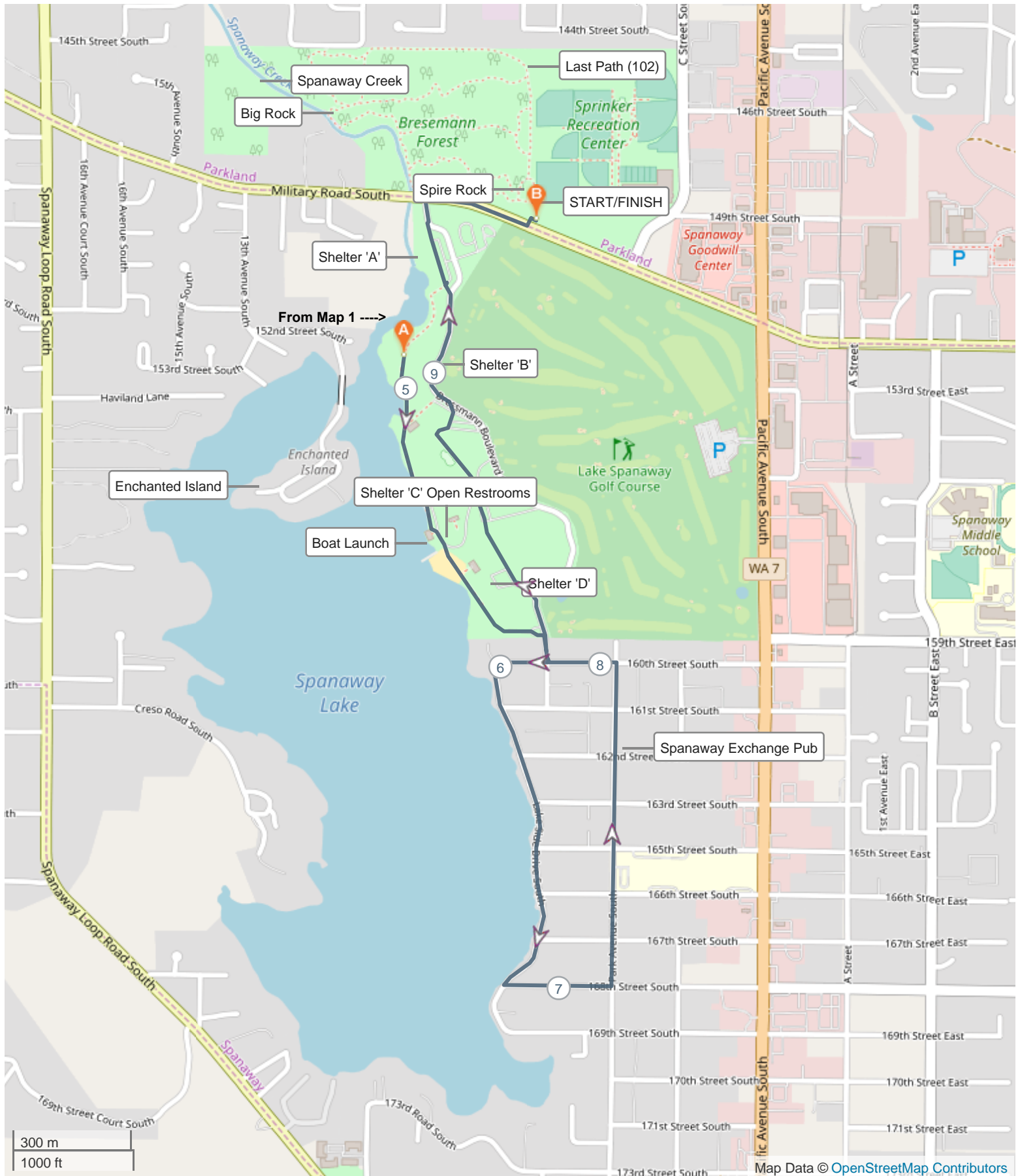
34. **Cross** both bridges to Shelter A on left (**Restrooms seasonally**)
35. **Straight** onto the asphalt path with lake on your right. **(5K) Keep right** at any forks in the path.
36. **Keep right** of the concession building and restrooms (closed) by the swimming beach.
37. **Pass in front** of The Boathouse shelter (**Restrooms in picnic shelter “C” up the hill are open all year**).
38. **Cross** the boat launch area and continue on the path through the area marked “Service Vehicle Only”.
39. **Continue following** the path which will curve left up the hill to the parking area.
40. **Straight** through the parking area to the road.
41. **Right** at the road (Bresemann Blvd. S.), through the gate and walk along the right road shoulder exiting the park to 160<sup>th</sup> St S.
42. **Right** on 160<sup>th</sup>. Stay on the right road shoulder as the road narrows and curves left along the lake, becoming Lakeside Dr (narrow). **(6K)**
43. **Carefully cross** and walk on the left shoulder of Lakeside Dr where feasible and cross several residential streets.
44. **Left** on 168<sup>th</sup> St. S. **(7K)**
45. **Left** on Park Ave S. The Spanaway Exchange Pub (formerly Exchange Tavern) is across the street just past 162<sup>nd</sup>. It is reportedly the oldest functioning tavern in Washington State, built circa 1890, and the only original business remaining of old Spanaway after fire destroyed the town. The locals had their priorities straight.
46. **Left** on 160<sup>th</sup> St S to Bresemann Blvd S on the right. **(8K)**
47. **Right** and **carefully cross** 160<sup>th</sup> St S onto the left shoulder of Bresemann Blvd S. into Spanaway Park.
48. **Keep straight** a distance past the gate house to a parking area.
49. **Left diagonally through** the parking area heading toward a white striped bollard (post) at a trail by the baseball backstop.
50. **Right** onto the asphalt trail behind the backstop to the right of Shelter D.
51. **Continue** along the asphalt path at the edge of a parking lot crossing the road in the crosswalk.
52. **Right immediately** to continue on the asphalt path, staying right to cross the next road at a 2<sup>nd</sup> crosswalk.
53. **Left** at the “T” and immediately **Right** at the “Y” towards the right side of the playground.
54. **Straight** ahead at the intersection staying to the right of Shelter B. **(9K)**
55. **Straight** ahead at the next intersection on the path by the road and continue to a parking area.
56. **Straight** ahead on the left side of the parking area and onto the path again to Military Rd. passing shelter A.
57. **Cross** Military Rd using the crossing signal.
58. **Right** along Military on the sidewalk to the parking lot at Sprinker, the finish and your car.

**These directions and maps may be used only in conjunction with a signed American Volkssport Association Athletic Waiver. All other uses are prohibited.**

# Spanaway Park And Bresemann Forest 10K Maps - Map 1 of 2



# Spanaway Park And Bresemann Forest 10K Maps - Map 2 of 2



## Spanaway Parks Walk Y2733 5K Rated 1A

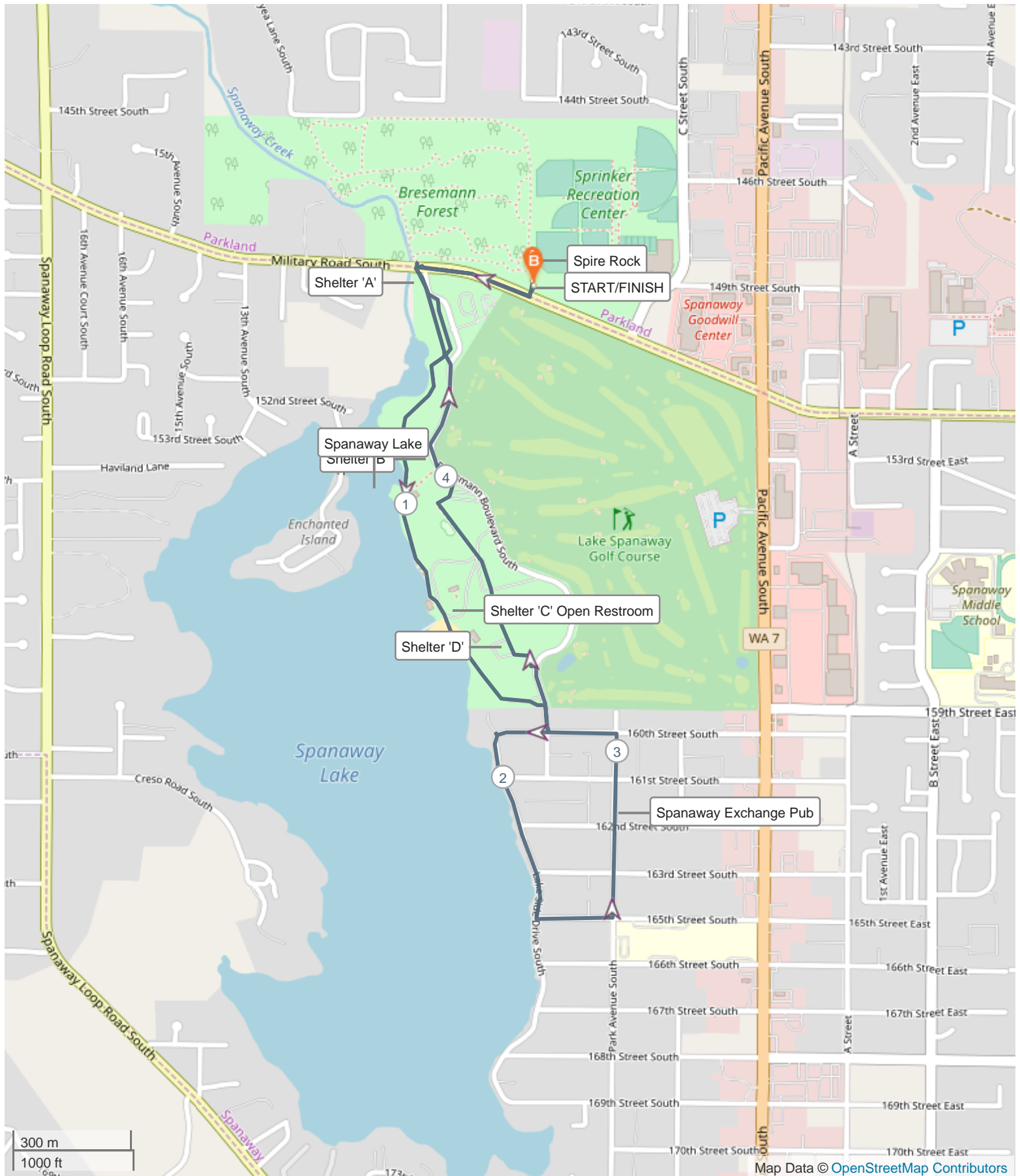


In Case of Emergency, Dial 911  
Walk Assistance: Nancy Wittenberg  
253-208-1331 (c)

1. **Face Bresemann Forest** and walk **left** to corner of parking lot by the street (Military Road.)
2. **Right** on the sidewalk along Military, to the walk signal across from the entrance to Spanaway Park.
3. **Left** and cross Military Road **using the crossing signal**.
4. **Straight** on the path along Bresemann Blvd S. into the park and down to the trail "Y". (Shelter A on right has **Restrooms seasonally**)
5. **Right** at the "Y" onto the asphalt path keeping the lake on your right. **(1K) Keep right** at any forks in the path.
6. **Keep right** of the concession building and restrooms (open seasonally) by the swimming beach.
7. **Pass in front** of The Boathouse shelter (**Restrooms in picnic shelter "C" up the hill are open all year**).
8. **Cross** the boat launch area and continue on the path through the area marked "Service Vehicle Only".
9. **Continue following** the path which will curve left up the hill to the parking area.
10. **Straight** through the parking area to the road.
11. **Right** at the road (Bresemann Blvd. S.), and walk along the right road shoulder exiting the park to 160<sup>th</sup> St S.
12. **Right** on 160<sup>th</sup> St S. Stay on the right road shoulder as the road narrows and curves left along the lake, becoming Lakeside Dr (narrow). **(2K)**
13. **Carefully cross** and walk on the left shoulder of Lakeside Dr where feasible and cross several residential streets to 165<sup>th</sup> St S.
14. **Left** on 165<sup>th</sup> St. S.
15. **Left** on Park Ave S.  
The Spanaway Exchange Pub (formerly Exchange Tavern) is across the street just past 162<sup>nd</sup>. It is reported to be the oldest functioning tavern in Washington State, built circa 1890, and the only original business remaining of old Spanaway after fire destroyed the town. The locals had their priorities straight.
16. **Left** on 160<sup>th</sup> St S to Bresemann Blvd S on the right. **(3K)**
17. **Right** and **carefully** cross 160<sup>th</sup> St S onto the left shoulder of Bresemann Blvd S. into Spanaway Park.
18. **Keep straight** a distance past the gate house to a parking area.
19. **Left diagonally through** the parking area heading toward a white striped bollard (post) at a trail by the baseball backstop.
20. **Right** onto the asphalt trail behind the backstop to the right of Shelter D.
21. **Continue** along the asphalt path at the edge of a parking lot crossing the road in the crosswalk.
22. **Right immediately** to continue on the asphalt path, staying right to cross the next road at a 2<sup>nd</sup> crosswalk **(4K)**.
23. **Left** at the "T" and immediately **Right** at the "Y" towards the right side of the playground.
24. **Straight** ahead at the intersection staying to the right of Shelter B.
25. **Straight** ahead at the next intersection on the path by the road and continue to a parking area.
26. **Straight** ahead on the left side of the parking area and onto the path again to Military Rd. (Restrooms seasonally in shelter A)
27. **Cross** Military using the crossing signal.
28. **Right** on Military Rd on the sidewalk to the parking lot at Sprinker and your car to finish.

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# Spanaway Park 5K Route Map



AVA/ESVA/OTSVA SPECIAL CHALLENGE PROGRAMS 2021

<b>WALK NAME / NUMBER: Spanaway (Spanaway Park)/ Y2733</b>				
<b>ESVA SPECIAL PROGRAMS</b>				
39 COUNTIES (ONGOING)	<b>PIERCE</b>			
Historic Train Depots (2019-2021)				
Whisky-Vino-Brew [2018-2020]	WINERY	BREWERY	DISTILLERY	
Rail Trails [2020-2022]				
<b>OSTVA SPECIAL PROGRAMS</b>				
<b>“N”</b> [2019-2021]	Nature <b>Everywhere</b>	Nuts	Nursery	Noodles
<b>“P”</b> [2020-2022]	Parks <b>Spanaway Park</b>	Playgrounds <b>Spanaway Park</b>	Palms	Pedestrian Bridges <b>Bresemann Forest/Spanaway Pk 10K</b>
<b>“Q”</b> [2020-2022]	Quilts	Quads	Quality	Queen
<b>“R”</b> [2020-2022]	Rivers	Roses	Railroads	Rec Centers <b>Sprinker Rec Center</b>
<b>“S”</b> [2020-2021]	Skate Parks <b>Behind Sprinker Rec Center</b>	Statues	Salons/Spas	Swimming Pools <b>Swimming beach at Spanaway Lake</b>
<b>“T”</b> [2020-2022]	Tombstones	Trails	Trails <b>Bresemann Forest/ Spanaway Park</b>	Totems
<b>“U”</b> [2020-2022]	Used (clothing/books)	Unique	Urgent Care	University
<b>AVA SPECIAL PROGRAMS</b>				
<b>50 STATES/51 CAPITALS</b>	[ONGOING]	<b>Washington</b>		
<b>WALK THE USA A-Z</b>	(ONGOING)	<b>“T” Tacoma or “S” Spanaway</b>		
<b>BORDER CROSSING</b>	[2014-2023]			
<b>CAROUSELS ACROSS AMERICA</b>	[2019-2021]			
<b>ICE CREAM PARLORS</b>	[2017-2019]			
<b>LITTLE FREE LIBRARIES</b>	[2019-2021]			
<b>MAYFLOWER 400<sup>TH</sup> ANNIVERSARY</b>	[2020-2022]			
<b>UNDERGROUND RAILROAD</b>	[2017-2019]			
<b>WALKIN’ ROUND THE CLOCK</b>	[2020-2022]			
<b>WALK LIKE AN OLYMPIAN</b>	[2018-2020]			
<b>WALK WITH AMERICAS VETERANS</b>	[2021-2023]			



## Daffodil Valley Volkssport Association Information



Please check out the club's website for more information about Daffodil Valley Volkssport Association (DVVA), a Puyallup, WA walking club and a member club of America's Walking Club.

[www.daffodilvalleyvolkssport.com](http://www.daffodilvalleyvolkssport.com)

Check out [www.meetup.com/south-sound-walkers](http://www.meetup.com/south-sound-walkers) to find group walks the club sponsors.

DVVA has the following Year Round and Seasonal Walks in Washington State:

Bremerton  
Buckley  
Eatonville  
Moses Lake  
Orting – Town and Foothills Trail  
Orting – **Bike** on the Foothills Trail  
Port Orchard  
Puyallup – Downtown  
Puyallup – Puyallup Riverwalk  
South Prairie – Foothills Trail  
Spanaway (PSB and OSB)  
Sumner  
Tacoma – Parkland  
Tukwila – Christiansen Trail  
Tukwila – Fort Dent Park  
Tukwila – Light Rail Station  
Yelm

**Seasonals: April 1 through October 31**

Lyle – Klickitat Trail (OSB)