

## **SPANAWAY PARK AND BRESEMANN FOREST WALK Y2733**

**Please note:** The Online Start Box (OLSB) system does not deduct any walking fee from a walker's Event Bank until they have submitted walk completion information including the date the event was walked, the distance walked, and the selection of applicable special programs that walker is participating in. (Nevertheless, a fee of \$2 for a downloaded pdf is deducted from the user's Event Bank when the pdf is downloaded. Later, any pdf fees are credited back to a walker's Event Bank when he/she submits the walk completion information as a paying for credit walker.)

This event has both a Physical Start Box and the Online Start Box. PLEASE do not mix and match between the two registration methods. It will confuse you and the club. Choose one, OSB or PSB, to complete the event.

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## Spanaway Park and Bresemann Forest Walk Driving Directions and Other Information

**Driving directions to start: Sprinker Recreation Center**  
**14824 C St S**  
**Tacoma, WA 98444**

**From I-5: Exit 127 (SR512/Puyallup).** Exit SR7 (Parkland). **Right** onto Pacific Ave. Continue to Military Rd (about 2 ½ miles.). **Right** on Military past the light at “C” St. **Right** into the parking lot at Sprinker Recreation Center.

**From I-5NB: Exit 123 (Thorn Lane/Logistics Center.) Right** at round-about onto Murray Rd SW. **Left** at the round-about onto 150<sup>th</sup> St SW which curves and then turns left onto Perimeter Rd below McChord Field. At the end of the airbase the road turns right becoming Military Rd S. **Continue** through the light at Spanaway Loop Rd past Spanaway Park on the right to Sprinker parking lot on left. **Left** into parking lot.

**From I-405: Exit #2 (SR167S).** Exit onto SR 512/SR161 (Puyallup/Olympia) (19 miles). Exit SR7 (Parkland). **Left** on Pacific Ave. Continue as above.

**Parking:** Park on the west (left) end of the parking lot near Bresemann Forest and Spire Rock. If the lot requires a fee because of an event (rarely), park on side street east of the parking lot on “C” street or in the strip mall parking lot to east.

**Restrooms** in walkway between Recreation Center building and Ball fields open seasonally every day 7am to 7pm. Walk through the chain link gate and walk down to restroom building. Restrooms also available in Spanaway Park at 1.5K on the 5K or 5.5K on the 10K routes all year.

**Pets:** Required to be on leash less than 8 feet long in Pierce County Parks. Owners must remove all animal waste.

**Daffodil Valley Volkssport Association  
Spanaway Parks Walk Y2733 10K Rated 2B**



**In Case of Emergency, Dial 911  
Walk Assistance: Nancy Wittenberg  
253-208-1331 (c)**

1. Facing the ball field fence go through the fence opening by the blue Spire Rock sign.
2. **Continue straight** on the trail with the ball field on your right.
3. **LEFT** at the fork (Do not take trail 117 on left.)
4. Ignore next trail on left and **Continue straight ahead**.
5. **LEFT** at the next intersection. (Do not go to the fence/gate you see ahead.)
6. Stay on this trail through Bresemann forest along the fence line.
7. At marker 114 **continue** toward Bresemann Dam as indicated on the **Green Sign**.
8. As trail curves **left** follow trail to **RIGHT** toward Bresemann Dam (**Green Sign**). (1K)
9. **Continue** past sign post 104.
10. As the trail curves away from the fence, Take a **Sharp Left** up a little hill on **King Fisher Loop (Green Sign)** and walk along a narrow ridge, Split rail fence to your right.
11. The trail turns left at a sharp downhill (Trail post 106).
12. **Continue up a short steep hill (your stick may be useful for difficult footing)** to its intersection with a larger trail.
13. **Right** on this larger trail (**Green Sign** points toward Bresemann Dam) a short distance until you see a big rock on your right.
14. **Right** toward the rock. Follow a trail to the **Right** of the rock past a fence and across a little bridge over a creek.
15. **Stay straight** along the creek (trail post 107 on top of mound). Bresemann Dam on right.
16. **Cross** another bridge. **Right** at intersection. Creek is still to your right.
17. **Right** at the next big intersection and continue **Right** at **Green Sign** pointing toward Military Rd Entrance.
18. **Left** on the trail just before the rise to the street.
19. **Right** at the next intersection (**Green Sign** points to Rec Center) and continue past trail post 116 until you reach the arched gate entrance to Bresemann Forest at the Sprinker parking lot.
20. Go through the arch. **Right** along the fence line to the sidewalk. (2K)
21. **Right** at the sidewalk to walk signal across from the entrance to Spanaway Park.
22. **Left** and cross Military Road **using the crossing signal**.
23. **Immediate Right** and walk on the left side of Military Rd on the raised shoulder.
24. **Cross** 10<sup>th</sup>, 11<sup>th</sup>, and 12<sup>th</sup> to 13<sup>th</sup> Ave S.
25. **Left** onto 13<sup>th</sup> walking on the left road shoulder.
26. **Sharp Left** onto 152<sup>nd</sup> St. S (the first road of several at that intersection) (3K) on the left road shoulder. The road curves right and becomes Mt. View Blvd. S.
27. **Cross** the single lane bridge using the **right hand** walk lane onto Enchanted Island.
28. **Keep straight** on Mt. View Blvd circling the island clockwise to Lake Vista Blvd. S.
29. **Right** onto Lake Vista Blvd. S and follow the loop back to Mt. View Blvd S (4K)
30. **Left** retracing your route back across the bridge on the left side.
31. **Left for a few feet** as the road turns at 152<sup>nd</sup> St S. (unmarked), **to a narrow dirt trail into the woods on the right before the driveway. This trail is rooted and rocky, watch your step.**
32. **Enter** the woods on the dirt trail and follow it down and up. You will pass through an old fence. The right is wrought iron, the left ivy covered chain link. (park boundary)
33. **Left** at a "Y".
34. **Right** at second "Y" at large tree and up a small hill. Ignore smaller trails on right and left.
35. **Keep Right** at 3<sup>rd</sup> "Y".
36. Continue **trending** down until you reach bridges over the creek.

These directions and maps may be used only in conjunction with a signed American Volkssport Association Athletic Waiver. All other uses are prohibited

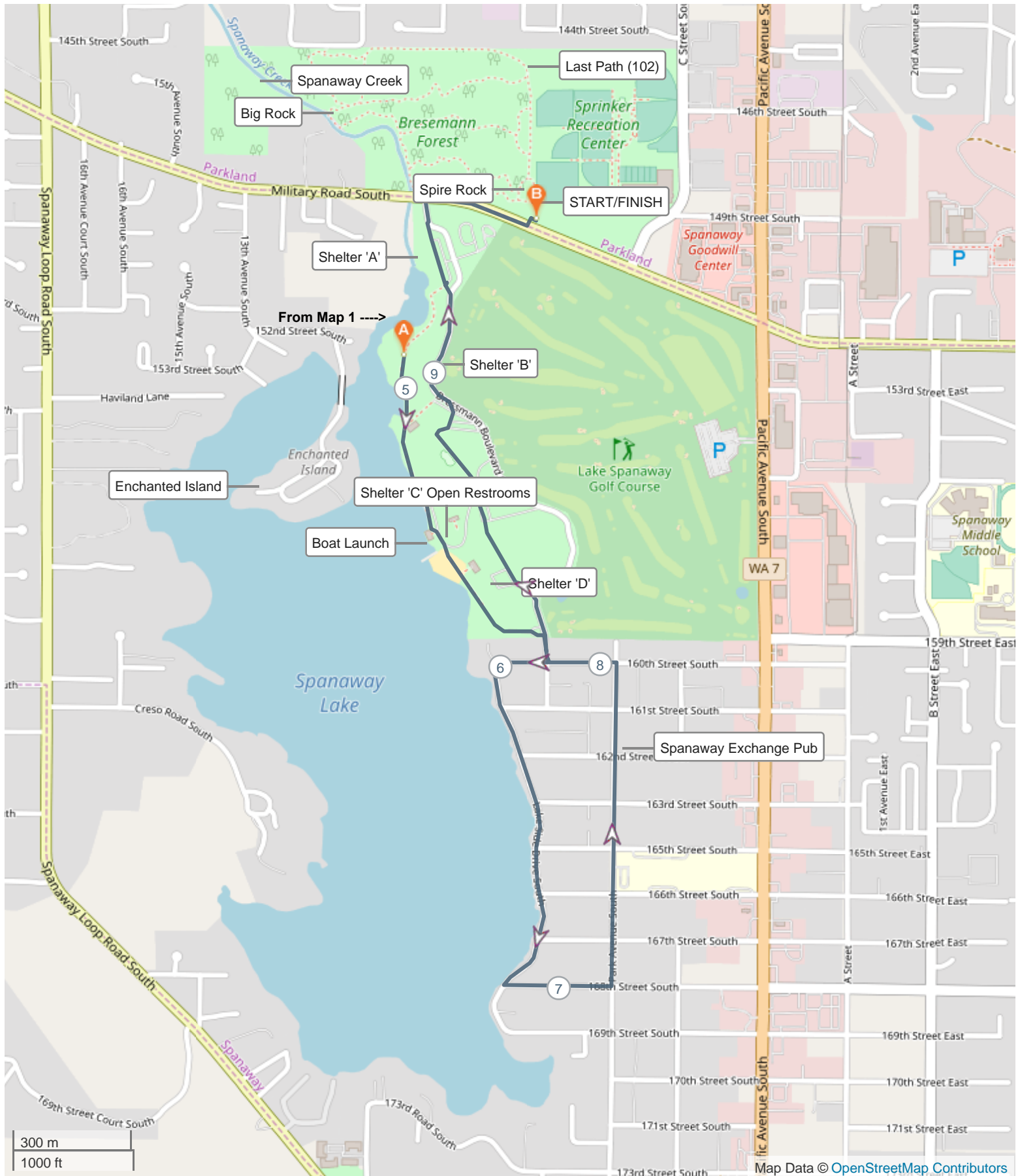
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37. **Cross** both bridges to Shelter A on left  
**(Restrooms seasonally) (5K)**
38. **Straight** onto the asphalt path with lake on right. **Keep right** at any forks in the path.
39. **Keep right** of the concession building and restrooms (closed) by the swimming beach.
40. **Pass in front** of The Boathouse shelter  
**(Restrooms in the picnic shelter up the hill in Shelter C are open all year).**
41. **Cross** the boat launch area and continue on the path through fence along the beach.  
(There may be a portable toilet here.)(6K)
42. **Continue following** the asphalt path which will curve left up the hill to an open area.
43. **Straight** through the area to the road.
44. **Right** at the road (Bresemann Blvd. S), through the pedestrian gate, and walk along the right road shoulder exiting the park to 160<sup>th</sup> St S.
45. **Right** on 160<sup>th</sup>. Stay on the right road shoulder as the road narrows and curves left along the lake, becoming Lakeside Dr.
46. **Carefully cross** and walk on the left shoulder of Lakeside Dr where feasible and cross several residential streets.
47. **Left** on 168<sup>th</sup> St. S. **(7K)**
48. **Left** on Park Ave S. to 160<sup>th</sup> ST S.  
The Spanaway Exchange Pub is across the street just past 162<sup>nd</sup>. It is the oldest functioning tavern in Washington State, built circa 1890, and the only original business remaining of old Spanaway after fire destroyed the town. The locals had their priorities straight.  
Totem at NE corner of Park and 161<sup>st</sup>.
49. **Left** on 160<sup>th</sup> St to Bresemann Blvd S on the right.
50. **Right** and **carefully cross** 160<sup>th</sup> St S onto the left shoulder of Bresemann Blvd S. into Spanaway Park.
51. **Keep straight** a distance to a parking area.  
**(8K)**
52. **Left diagonally through** the parking area heading toward a white striped bollard (post) at a trail by the baseball backstop.
53. **Right** onto the asphalt trail behind the backstop to the right of Shelter D.
54. **Continue** along the asphalt path at the edge of a parking lot crossing the road in the crosswalk.
55. **Right immediately** to continue on the asphalt path, staying right to cross the next road at a 2<sup>nd</sup> crosswalk.
56. **Left** at the "T" and immediately **right** at the "Y" towards the right side of the playground.
57. **Straight** ahead at the intersection staying to the right of Shelter B.
58. **Straight** ahead at the next intersection on the path by the road and continue to a parking area.
59. **Straight** ahead on the left side of the parking area and onto the path again to Military Rd. passing shelter A. **(9K)**
60. **Cross** Military using the crossing signal.
61. **Right** on Military Rd on the sidewalk to the parking lot at Sprinker, the finish and your car.

# Spanaway Park And Bresemann Forest 10K Maps - Map 1 of 2



# Spanaway Park And Bresemann Forest 10K Maps - Map 2 of 2



**Spanaway Parks Walk  
Y2733 5K Rated 1A**

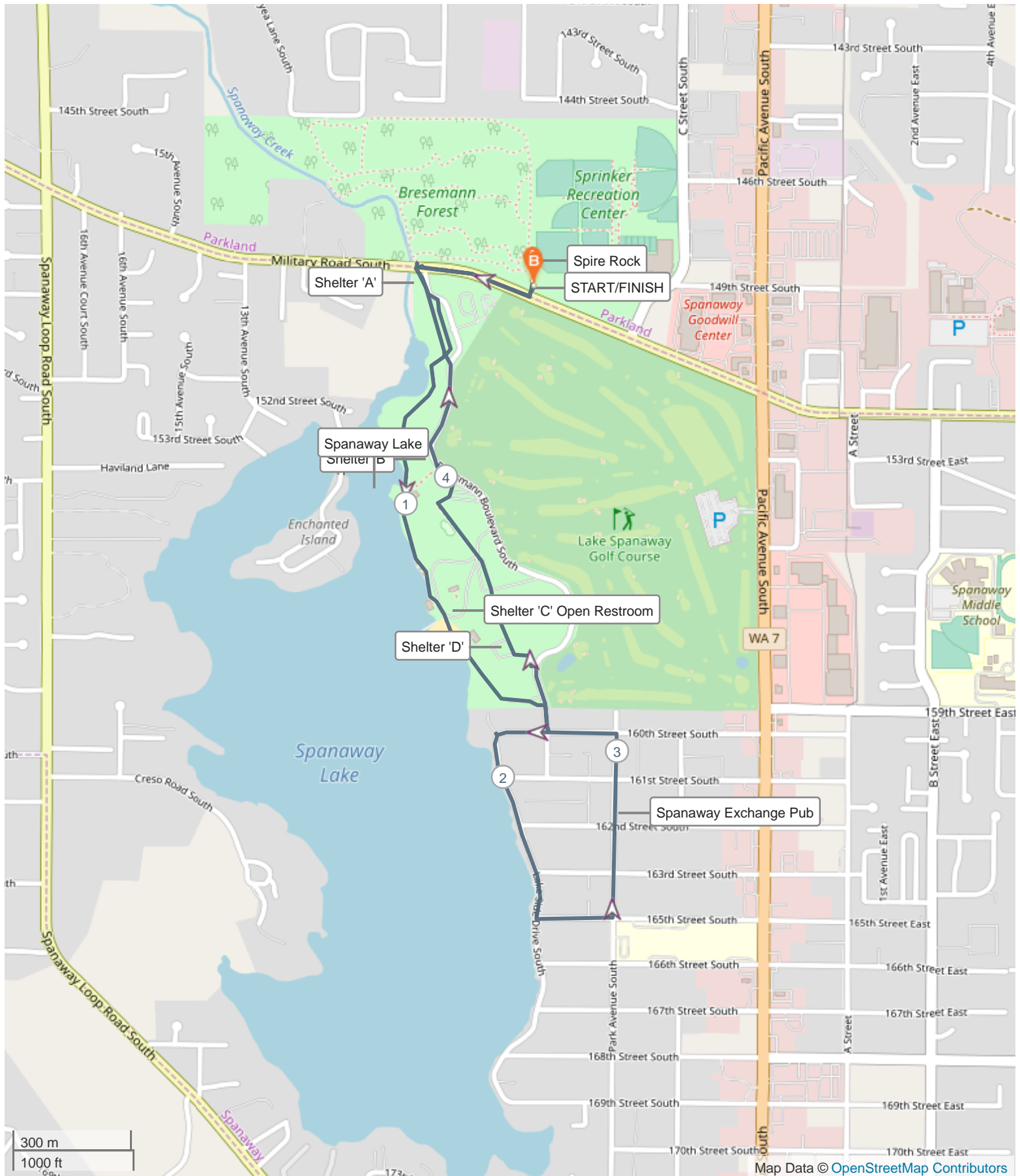


**In Case of Emergency, Dial 911  
Walk Assistance: Nancy Wittenberg  
253-208-1331 (c)**

1. **Face Bresemann Forest** and walk **left** to corner of parking lot by the street (Military Road.)
2. **Right** on the sidewalk along Military, to the walk signal across from the entrance to Spanaway Park.
3. **Left** and cross Military Road **using the crossing signal**.
4. **Straight** on the path along Bresemann Blvd S. into the park and down to the trail "Y". (Shelter A on right has **Restrooms seasonally**)
5. **Right** at the "Y" onto the asphalt path keeping the lake on your right. **(1K) Keep right** at any forks in the path.
6. **Keep right** of the concession building and restrooms (open seasonally) by the swimming beach.
7. **Pass in front** of The Boathouse shelter (**Restrooms in picnic shelter "C" up the hill are open all year**).
8. **Cross** the boat launch area and continue on the path through fence along the beach. (There may be a portable toilet here.)
9. **Continue following** the asphalt path which will curve left up the hill to an open area.
10. **Straight** through the area to the road.
11. **Right** at the road (Bresemann Blvd. S.), through the pedestrian gate, and walk along the right road shoulder exiting the park to 160<sup>th</sup> St S.
12. **Right** on 160<sup>th</sup> St S. Stay on the right road shoulder as the road narrows and curves left along the lake, becoming Lakeside Dr (narrow). **(2K)**
13. **Carefully cross** and walk on the left shoulder of Lakeside Dr. where feasible and cross several residential streets to 165<sup>th</sup> St S.
14. **Left** on 165<sup>th</sup> St. S.
15. **Left** on Park Ave S to 160<sup>th</sup> St S.  
The Spanaway Exchange Pub (formerly Exchange Tavern) is across the street just past 162<sup>nd</sup>. It is reported to be the oldest functioning tavern in Washington State, built circa 1890, and the only original business remaining of old Spanaway after fire destroyed the town. The locals had their priorities straight. **Totem:** at NE corner of Park and 161<sup>st</sup>.
16. **Left** on 160<sup>th</sup> St S to Bresemann Blvd S on the right. **(3K)**
17. **Right** and **carefully** cross 160<sup>th</sup> St S onto the left shoulder of Bresemann Blvd S. into Spanaway Park.
18. **Keep straight** a distance past the gate house to a parking area.
19. **Left diagonally through** the parking area heading toward a white striped bollard (post) at a trail by the baseball backstop.
20. **Right** onto the asphalt trail behind the backstop to the right of Shelter D.
21. **Continue** along the asphalt path at the edge of a parking lot crossing the road in the crosswalk.
22. **Right immediately** to continue on the asphalt path, staying right to cross the next road at a 2<sup>nd</sup> crosswalk **(4K)**.
23. **Left** at the "T" and immediately **Right** at the "Y" towards the right side of the playground.
24. **Straight** ahead at the intersection staying to the right of Shelter B.
25. **Straight** ahead at the next intersection on the path by the road and continue to a parking area.
26. **Straight** ahead on the left side of the parking area and onto the path again to Military Rd. (Restrooms seasonally in shelter A)
27. **Cross** Military using the crossing signal.
28. **Right** on Military Rd on the sidewalk to the parking lot at Sprinker and your car to finish.

**These directions and maps may be used only in conjunction with a signed American Volkssport Association Athletic Waiver. All other uses are prohibited.**

# Spanaway Park 5K Route Map



**AVA/ESVA/OTSVA SPECIAL CHALLENGE PROGRAMS 2021**

|  |   |                                     |  |   |
|--|---|-------------------------------------|--|---|
| <b>WALK NAME / NUMBER: Spanaway (Spanaway Park)/ Y2733</b> |   |                                     |  |   |
| <b>ESVA SPECIAL PROGRAMS</b>                               |   |                                     |  |   |
| <b>39 COUNTIES (ONGOING)</b>                               | <b>PIERCE</b>   |                                     |  |   |
| <b>Historic Train Depots<br/>(2019-2021)</b>               |   |                                     |  |   |
| <b>Whisky-Vino-Brew<br/>[2018-2020]</b>                    | WINERY  | BREWERY                             | DISTILLERY   |   |
| <b>Rail Trails<br/>[2020-2022]</b>                         |   |                                     |  |   |
| <b>Front Line Heroes<br/>[July 2021-2024]</b>              | MEDICAL FACILITIES  | DELIVERY SERVICES                   | SUSTENANCE PROVIDERS                                 | ESSENTIAL SERVICES  |
| <b>DAFFODIL VALLEY VOLKSSPORT CHALLENGE 2021</b>           |   |                                     |  |   |
| <b>Weathervane</b>   | First house/garage on left outside park on Bresemann Blvd |                                     |  |   |
| <b>OSTVA SPECIAL PROGRAMS</b>                              |   |                                     |  |   |
| <b>“N”<br/>[2019-2021]</b>                                 | Nature<br><b>Everywhere</b>                               | Nuts                                | Nursery  | Noodles   |
| <b>“P”<br/>[2020-2022]</b>                                 | Parks<br><b>Spanaway Park</b>                             | Playgrounds<br><b>Spanaway Park</b> | Palms  | Pedestrian Bridges<br><b>Bresemann<br/>Forest/Spanaway Pk 10K</b> |
| <b>“Q”<br/>[2020-2022]</b>                                 | Quilts  | Quads                               | Quality  | Queen   |
| <b>“R”<br/>[2020-2022]</b>                                 | Rivers  | Roses                               | Railroads  | Rec Centers<br><b>Sprinker Rec Center</b>                         |
| <b>“S”<br/>[2020-2021]</b>                                 | Skate Parks<br><b>Behind Sprinker Rec<br/>Center</b>      | Statues                             | Salons/Spas  | Swimming Pools<br><b>Swimming beach at<br/>Spanaway Lake</b>      |
| <b>“T”<br/>[2020-2022]</b>                                 | Tombstones  | Trials                              | Trails<br><b>Bresemann Forest/<br/>Spanaway Park</b> | Totems<br><b>NE corner Park &amp; 161 St<br/>S.</b>               |
| <b>“U”<br/>[2020-2022]</b>                                 | Used (clothing/books)                                     | Unique                              | Urgent Care  | University  |
| <b>AVA SPECIAL PROGRAMS</b>                                |   |                                     |  |   |
| <b>50 STATES/51 CAPITALS</b>                               | [ONGOING]   | <b>Washington</b>                   |  |   |
| <b>WALK THE USA A-Z</b>                                    | (ONGOING)   | <b>“T” Tacoma or “S” Spanaway</b>   |  |   |
| <b>BORDER CROSSING</b>                                     | [2014-2023]   |                                     |  |   |
| <b>CAROUSELS ACROSS AMERICA</b>                            | [2019-2021]   |                                     |  |   |
| <b>ICE CREAM PARLORS</b>                                   | [2017-2019]   |                                     |  |   |
| <b>GREAT LAKES</b>   | [2021-2024]   |                                     |  |   |
| <b>LITTLE FREE LIBRARIES</b>                               | [2019-2021]   |                                     |  |   |
| <b>MAYFLOWER 400<sup>TH</sup><br/>ANNIVERSARY</b>          | [2020-2022]   |                                     |  |   |
| <b>UNDERGROUND RAILROAD</b>                                | [2017-2019]   |                                     |  |   |
| <b>WALKIN’ ROUND THE CLOCK</b>                             | [2020-2022]   |                                     |  |   |
| <b>WALK LIKE AN OLYMPIAN</b>                               | [2018-2020]   |                                     |  |   |
| <b>WALK WITH AMERICAS<br/>VETERANS</b>                     | [2021-2023]   |                                     |  |   |



## Daffodil Valley Volkssport Association Information



Please check out the club's website for more information about Daffodil Valley Volkssport Association (DVVA), a Puyallup, WA walking club and a member club of America's Walking Club.

[www.daffodilvalleyvolkssport.com](http://www.daffodilvalleyvolkssport.com)

Check out [www.meetup.com/south-sound-walkers](http://www.meetup.com/south-sound-walkers) to find group walks the club sponsors.

DVVA has the following Year Round and Seasonal Walks in Washington State:

Bremerton  
Buckley  
Eatonville  
Moses Lake  
Orting – Town and Foothills Trail  
Orting – **Bike** on the Foothills Trail  
Port Orchard  
Puyallup – Downtown  
Puyallup – Puyallup Riverwalk  
South Prairie – Foothills Trail  
Spanaway (PSB and OSB)  
Sumner  
Tacoma – Parkland  
Tukwila – Christiansen Trail  
Tukwila – Fort Dent Park  
Tukwila – Light Rail Station  
Yelm

**Seasonals: April 1 through October 31**

Lyle – Klickitat Trail (OSB)